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BTEC Level 3 National Extended Diploma

Sport



What is the BTEC National Extended Diploma?

If you love sport and want to develop your skills and knowledge in order to pursue a career in the sports and leisure industry, then this course is for you. It combines up to date knowledge of the sport and leisure industry with the right balance of practical learning and assessments delivered flexibly to develop skills needed for a sporting career or further education. We aim to equip every learner with the fundamental skills for a career in sport.

You will also be guaranteed funding of up to £150 towards a recognised professional qualification such as an officiating award of your choice.

This qualification is equivalent to three A-Levels .

Subject Information Sheet



Scan Me

Course Content and Assessment:

14 units of which 10 are mandatory and 4 are external.

Mandatory content (78%)

External assessment (42%)

The other units are continually assessed through practical and written assignment work to achieve qualifications ranging from PPP to D*D*D* which is equivalent to 3 A-Levels.

Course Overview:

Mandatory Units:

Units highlighted are externally assessed

Unit 1: Anatomy and Physiology

Unit 2: Fitness Training and Programming for Health, Sport and Well-being

Unit 3: Professional Development in the Sports Industry

Unit 4: Sports Leadership

Unit 7: Practical Sports Performance

Unit 8: Coaching for Performance

Unit 9: Research Methods in Sport

Unit 19: Development and Provision of Sport and Physical Activity

Unit 22: Investigating Business in Sport and the Active Leisure Industry

Unit 23: Skill Acquisition in Sport

Optional Units could include:

Unit 5: Application of Fitness Testing

Unit 6: Sports Psychology

Unit 10: Sports Event Organisation

Unit 11: Research Project in Sport

Unit 17: Sports Injury Management

Unit 18: Work Experience in Active Leisure

Unit 20: Leisure Management

Unit 21: Leisure Centre Operations

Unit 24: Sports Performance Analysis

Unit 25: Rules, Regulations and Officiating in Sport

Unit 26: Technical and Tactical Demands of Sport

Unit 27 & Unit 28 Outdoor and Adventurous Activities

Unit 29: Exercise for Specific Groups

Unit 30: Exercise, Health and Lifestyle

Unit 31: Current Issues in Sport

Unit 32: Sports Massage

Learning Methods:

A range of Teaching methods, materials and activities are used to make the subject interesting, engaging and stimulating. With a focus upon developing practical and people skills throughout the course enabling the students to succeed. This course is designed for individuals with a genuine interest in sport and good sporting general knowledge, as much of the course will involve linking the theory learnt to sporting examples.

Career Opportunities:

After completing the course you can go on to study at a variety of University courses within the sports sector. These degrees can range from Physiotherapy, Sports Coaching, Occupational Therapy, Sports Rehabilitation, Sports Journalism, or to train as a PE Teacher. You also have the option of a Higher Degree Apprenticeship route. The BTEC Nationals attract UCAS points.

Entry Requirements:

- Grade 4 or above in English and Maths.
- L2 qualification or equivalent in a sport/PE based subject.
- You must have a strong GCSE profile overall.

Staff Contacts

Mrs McCarthy - Assistant Headteacher Key Stage 5

Mrs Boyton - Student Development Champion Key Stage 5

Mr Earley - KS5 Subject Teacher



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