

6

FORM

BTEC Level 1

Sports Studies



Course Aims:

Sports are designed around practical skills and tasks that place an emphasis on learners demonstrating what they can do rather than what they know in theory. The qualifications give learners the opportunity to acquire and develop generic, transferable and sector-specific skills in order to complete tasks and a level of achievement that enables them to progress to further learning.

The Award offers a taster of the sports sector and could be studied alongside other subjects.

Subject Information Sheet



Scan Me

Course Content and Assessment:

The objectives of this qualification are to:

- develop learners' skills and techniques and use of visual language and formal elements in art and design
- extend learners' knowledge and understanding of the design process
- extend learners' understanding of health and safety issues relating to art and design
- provide the opportunity for personal development
- provide a basis for progression onto further study.

Qualification Overview:

1. 2 units must be achieved, 1 of which must be Developing a Personal Progression Plan
 - * Developing a Personal Progression Plan
 - * How exercise affects the body
 - * Training for fitness
 - * Playing sport
 - * Coaching skills in sport
 - * Assisting in a Sports activity
 - * Contributing to running a sports event
 - * Getting people active
 - * Keeping active and healthy

Learning Methods:

Students will complete a number of lessons within the classroom. To research and understand food preparation. Students will have access to the catering facilities to practice their cooking skills. Encouraging student to build their confidence in cooking as an essential life skill

Career Opportunities:

- These qualifications prepare learners for further learning at a higher level in sport. The
- development of transferable skills means that learners can also choose a study programme from
- alternative sectors. For example, these qualifications in sport could lead to Pearson BTEC Level 2
- qualifications in this sector, or to the Pearson BTEC Level 2 Apprenticeship in Activity Leadership,
- or to Level 2 qualifications in other sectors.

Entry Requirements:

- No specific entry requirements

Staff Contacts

K McCarthy - Assistant Headteacher Key Stage 5

N Winterflood - Year Leader

J Prentice - Head of Department



Web Link Address

<https://www.basildonupperacademy.org.uk/sixthform>

Email: Sixthform@basildonacademies.org.uk