

# 6

# FORM

## BTEC Level 1

# HOME COOKING



Subject Information Sheet



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### Course Aims:

This unit aims to give learners the knowledge, skills and confidence to enjoy cooking meals at home. Learners will gain understanding of how to economise when planning meals to cook at home. The unit will encourage learners to transfer skills learnt to other recipes to continue cooking for themselves and their families and to inspire others by passing on their knowledge. The unit is based on the proposition that being able to cook is an essential life skill which empowers people to make changes that have benefits to health and wellbeing

### Course Content and Assessment:

Each unit has specified learning outcomes and assessment criteria. To pass an internally assessed unit, learners must meet all the assessment criteria. Students will be expected to index and reference their evidence to the relevant learning outcomes and assessment criteria.

### Qualification Overview:

The Pearson BTEC Level 1 and Level 2 Awards in Home Cooking Skills are suitable for learners to develop:

- knowledge, understanding and confidence to cook meals at home
- an understanding of how to economise when planning a meal
- an ability to transfer skills learned to different recipes
- an ability to inspire others by transferring that knowledge

### Learning Methods:

Students will complete a number of lessons within the classroom. To research and understand food preparation. Students will have access to the catering facilities to practice their cooking skills. Encouraging student to build their confidence in cooking as an essential life skill

### Career Opportunities:

- Learners who have achieved the BTEC Level 1 Award in Home Cooking Skills can progress on to the BTEC Level 2 Award in Home Cooking Skills. The intended destinations for learners successfully achieving these qualifications include:
- GCSEs and/or A Levels
- Apprenticeships

### Entry Requirements:

- No specific entry requirements

### Staff Contacts

K McCarthy - Assistant Headteacher Key Stage 5

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