

Dates for the Diary

Year 11 AP1 Assessments

Monday 17th November - Friday 5th December 2025

Year 13 AP1 Assessments

Monday 17th - Friday 28th November 2025

Last Day of Autumn Term

Friday 19th December 2025

First Day of Spring Term

Tuesday 6th January 2026

Year 10 AP1 Assessments

Monday 19th - Friday 30th January 2026

Student Value of the Term

**NO HUMAN
IS ILLEGAL**

House Points - Week Ending 14th November



43,579
SEACOLE



43,406
AUSTEN



36,166
HAWKING



35,781
ALI

Leadership Message – Trauma Perceptive Practice

At The Basildon Academies, we believe that every interaction with a young person is an opportunity to make a difference. This belief sits at the heart of our Trauma Perceptive Practice, often called TPP. It is an Essex-wide approach that helps us understand behaviour through the lens of experience, not as a matter of defiance.

TPP encourages us to pause and ask, "What has happened to this young person?" rather than "What is wrong with them?" When we take time to understand what sits beneath a behaviour, we can respond in ways that build trust and emotional safety. This creates a stronger foundation for learning, wellbeing, and personal growth.

Across the Academies, our staff are developing this practice every day. You will see it in the calm and consistent way adults respond to challenge, in the positive language we use, and in the value we place on repairing relationships. We know that children thrive when they feel safe, connected, and respected.

Trauma Perceptive Practice reminds us that compassion and high expectations belong together. Through this balance, we help our young people to reflect, to regulate, and to succeed both in school and beyond it.



V. Oddy
Director of Inclusion
& Designated Safeguarding Lead for Enhanced Provision

Parent Drop In - Wednesday 19th November

This week's Parent Drop In will be on Wednesday 19th November between 12pm and 1pm.

There will be no need to book an appointment, just sign in at reception and staff will be happy to show you to the venue. There is no set topic for the drop in sessions, if we are not able to answer any specific questions, we will follow up and then feedback to you. Please note, if your matter is of a confidential nature, we kindly ask that you call the school to arrange a separate appointment, as parent drop-in sessions are not intended for one-to-one discussions.



Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 10th November 2025.

★ Year 10 - Riley.A (R10Y2)

★ Year 11 - May.G (R11E1)

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Home Learning/Homework.

VTCT Level 1 and 2 Hairdressing



This qualification is based on the hairdressing National Occupational Standards (NOS) and is recognised by the UK's leading professional body (The Hairdressing Council) as being fit for purpose for preparing students for a career as a junior hairdresser/stylist.

The aim of the course is to develop hairdressing skills and knowledge and it will also enable you to perform your own services and to assist others in the salon. Students will gather evidence for assessment through the study of mandatory and optional units, in a real working environment without the need for fee-paying clients.

Full course information can be found by visiting the following link on our website: [VTCT Level 1 and 2 Hairdressing](#)

Aspire - Believe - Achieve

Students Show Determination at District Cross Country Event

Students from the Upper Academy competed with great determination in last week's District Cross Country event at Gloucester Park.

The Upper Academy Boys team finished 5th out of 8 schools, while the Girls team secured 7th place, competing strongly against neighbouring schools.

We are immensely proud of all the students who represented the Academy, demonstrating outstanding commitment, resilience, and team spirit throughout the event. A special mention goes to Marijus.D and Kenzy.T for leading our runners and finishing 15th and 17th respectively; a fantastic achievement!



Year 10 Work Experience 2026

The Work Experience process for our current Year 10 students has officially begun. All key information, guidance, and forms can now be found on our website:

www.basildonupperacademy.org.uk/year-10-work-experience-2026

We encourage parents and students to review the details together and begin exploring potential placements early.



Basildon Academies Honour the Fallen on Remembrance Day

Last week, during Remembrance Day, staff and students across The Basildon Academies joined together in a two-minute silence, taking time to reflect and pay tribute to the bravery and sacrifice of our armed forces.

The school fell silent as students and staff paused to show their respect and gratitude to those who have served and continue to serve in times of conflict.

Following the silence, students shared their thoughts and reflections on what Remembrance Day means to them expressing deep appreciation for the courage and commitment of past and present service members.



"Remembrance Day is a day to remember the fallen and the lives of soldiers. This is important to me because my Great Grandad was a member of the Tank Regiment during World War II, taking part in the campaign in Italy. The least we could do is show respect and take two minutes out of our day to remember them." Callum.C – Year 11

"Remembrance Day means commemorating the lives lost in war. To me, no war is 'great', many young lives, of similar ages to ours, have been lost. Every year we devote ourselves to remembering what these men, women, and even animals did to protect our country's safety." Lilly.Y – Year 11

Students Explore Real-Life Scenarios During Anti-Bullying Week

As part of Anti-Bullying Week, groups of Year 10 and Year 11 students took part in a series of engaging activities designed to promote empathy, respect, and understanding.

Using materials provided by the Anti-Bullying Alliance, students discussed real-life scenarios from the Secondary Scenarios Handout, exploring how bystanders can respond safely and positively when they witness bullying.

Alongside these discussions, students also took part in interactive activities, including themed word searches and teamwork challenges that reinforced the week's message of *"The Power of Good."*



These sessions encouraged students to reflect on how their actions can make a positive difference; supporting one of our six core values, that Kindness is Everything.

"I think the school participating in Anti-Bullying Week is a wonderful idea because it supports students and lets them know they are not alone." Isabelle.P – Year 11

"You should never bully because you never know what someone is going through." Gracie-Mae.M – Year 10

"You learn something new when you are wearing somebody else's shoes." Stevie.G – Year 10

"Everyone has differences; they should be celebrated rather than being bullied." Morgan.A – Year 11

"Treat people the way you want to be treated because you never know what they're going through until you're in their shoes." Kaci.C – Year 10

"The lion does not concern himself with the opinion of the sheep — neither should you." George.C – Year 11

"Everyone deserves equal opportunities, and that's what Anti-Bullying Week promotes." Lee.M – Year 11

"If someone talks about you behind your back, then let them stay behind you." Elisha.P – Year 10

Year 11 Get a Hard-Hitting Lesson in Road Safety

Our Year 11 students recently took part in a powerful and memorable road safety workshop run by the Safer Essex Roads Partnership (SERP). Their aim is Vision Zero; making sure there are no deaths or serious injuries on Essex roads by 2040, and this session really helped show why that goal matters.

Many students were surprised to learn that road traffic accidents are the number one cause of death for young people aged 5–29. As soon as teenagers start using cars and motorbikes, the risk increases sharply; something the workshop aimed to make really clear.

Instead of simply talking about the 'Fatal Four' causes of crashes - speeding, drink or drug driving, not wearing seatbelts, and distractions, our students watched these situations come to life through a powerful play. Each scene showed how these risks can build up in real moments that young people might face, and how one quick decision or giving in to peer pressure can lead to a dangerous outcome.

Students watched a multi-media theatre performance that included dramatic scenes, monologues, sound effects, and visuals. It took them through the moments leading up to a crash and showed the emotional and long-term impact that follows. Many students said it felt very real and really made them think about the choices they'll face when they start driving or riding as passengers.

Overall, our Year 11 students learned a lot about how quickly things can go wrong on the road and how important it is to stay safe, speak up, and look out for each other. The workshop definitely gave everyone something to think about as they move towards becoming young drivers.

"The assembly yesterday was both very entertaining and educational. The play at the start offered a performance that was engaging and gave a look into actual experiences. The talk after was a very good way to end the workshop and gave insight into real world statistics" Hayden.A

"The whole workshop enlightened me on ideas that never really occurred to me about road safety. It has made me more aware on how to be careful when I eventually learn how to drive" Lee.M

"I liked how they used a play to educate us. I also liked how they used a scenario that could happen to anyone at any time. They also used statistics to show how much driving affects people in multiple different ways" Hannah.A

"I believe the road safety assembly was informative, as statistics and possible real-life cases were given. It allowed everyone to better understand the effects of unsafe driving, and therefore empathise and treat the deaths related to vehicles with more compassion" Yanna.I



Young Minds

[Young Minds](#) is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Just as people's bodies can become unwell, people's minds can become unwell too.

Young Minds offer information to young people and children about mental health and emotional wellbeing. If you need to talk, they can let you know about organisations that listen, plus they offer online support and info.

YOUNGMiNDS

Free Fruit at Breaktime



Students can choose an item of fruit from the till area in the Dining Hall at breaktime each day.

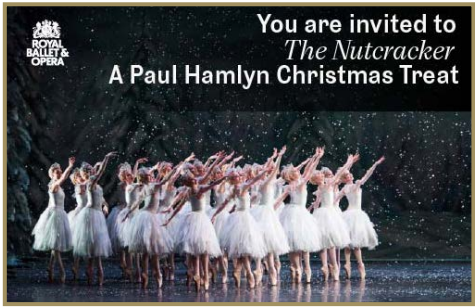
Aspire - Believe - Achieve

A Special Christmas Performance Opportunity for Our Families

When: Saturday 20th December 2025 | Activities from 10:00am, Performance at 12:30pm

Where: Royal Opera House, Covent Garden, London, WC2E 9DD

We are delighted to offer our families a wonderful festive opportunity this year. As part of our involvement in the **Royal Ballet & Opera Schools Programme**, our school has been invited to a special Paul Hamlyn Christmas Treat performance of *The Nutcracker* on Saturday 20th December — a fantastic way to celebrate the season together.



From 10am, families can enjoy fun activities and mini performances throughout the beautiful front-of-house spaces at the Royal Opera House, before the main performance begins at 12.30pm. The event promises a magical, festive atmosphere filled with Christmas cheer.

Tickets are subsidised and available from **£5–£30**.

Please note: **this performance is not open to the general public**, making it a unique opportunity exclusively for selected schools and their communities.

[Click here](#) to book your place.

Online Safety Hub: Online Bullying FAQs

Online bullying can have a significant impact on a child's wellbeing, and knowing how to respond is crucial. Our Online Safety Hub provides clear, practical advice on handling common online bullying situations. Click the link below for guidance on how to support your child:

<https://basildonacademies.onlinesafetyhub.uk/parent/articles/online-bullying-faqs>

The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here: [Online Safety Hub - The Basildon Academies](#)



EXTRA-CURRICULAR TRAINING PROGRAMME

Winter Term 2025






	Monday	Tuesday	Wednesday	Thursday	Friday
Before School 7.30am-8.20am <small>*Gates open and close at 7.30am sharp. Please manage your timekeeping accordingly.</small>	Year 10 & 11 Boys Basketball Year 10-13 Boys/Girls Fitness Suite	Year 10 & 11 Boys/Girls Cross Country Year 10 & 11 Girls Netball	Year 10-13 Boys/Girls Fitness Suite	Year 10 & 11 Boys/Girls Cross Country Year 10 & 11 Girls Basketball Year 10 & 11 Girls Dance	Year 10 & 11 Boys Football
Break Time 11.00am-11.30am		Year 10 & 11 Girls Basketball Open Gym	Year 10 & 11 Boys Basketball Open Gym		
Lunch Time 1.00pm-1.30pm	Year 10 & 11 Girls Football	Year 10 & 11 Girls Fitness Suite			Year 10 & 11 Boys/Girls Badminton Year 10 & 11 Boys Fitness Suite
After School	Fixtures *	Fixtures *	Fixtures *	Fixtures *	Fixtures *

* Fixtures will vary week-by-week. To be eligible for selection, you must attend before-school training.

BASILDON ACADEMIES

WORD OF THE DAY

17th - 21st November 2025

Monday:	Empathy (noun) aroha in Maori – the ability to understand and share another's feelings. <i>The school promoted empathy to encourage kindness among students.</i>	
Tuesday:	Harmony (noun) эв нэгдэл in Mongolian – agreement or a pleasing arrangement of parts. <i>The choir sang in perfect harmony.</i>	
Wednesday:	Austere (adjective) streng in Norwegian – severe or strict in manner, or plain in appearance. <i>The austere classroom had bare walls and simple desks.</i>	
Thursday:	Nurture (verb) پرورش دادن in Persian – to care for and encourage growth or development. <i>Teachers must nurture curiosity as well as discipline.</i>	
Friday:	Pensive (adjective) zamyślony in Polish – deeply thoughtful, often with a hint of sadness. <i>She sat in a pensive mood, staring out the window.</i>	

Job of the Week: Lifeguard

What does a Lifeguard do?

Both pool and beach lifeguards supervise swimming areas and help people in trouble. Their main tasks include:

- Making sure swimmers follow safety rules
- Making sure people stay in safe areas
- Rescuing swimmers in danger
- Giving first aid

Pool lifeguards will also spend time:

- Advising swimmers on how to use diving boards and slides
- Checking pool water temperature and chemicals
- Cleaning the pool area and setting up/putting away equipment

Labour Market Information

- UK jobs: 113,350
- 2,599 in your local area of Essex
- 4.2% 30,919 jobs
- 3.2% in your region of East of England, an decrease of 2,360 jobs

What Qualifications do you need to do this job?

Working as a swimming pool attendant and completing lifeguard training on the job completing a recognised qualification.

Meet a minimum age requirement, usually between 15 and 18 depending on which country you live in complete a first aid qualification and/or CPR certificate.

Pass a criminal records background check, which your employer will usually arrange for you.

Let's Talk Money

UK annual median:
£25,672



There are a wide range of clubs and opportunities for pupils to contribute to the school and local community, for instance as charity ambassadors. This develops pupils' self-confidence. Well-chosen visitors help pupils learn how to keep themselves safe and healthy.

Follow The Basildon Upper Academy on our social media channels



Absence Procedures

Please let us know as soon as possible if your child is unable to attend school, ideally by 8am, by email to upperattendance@basildonacademies.org.uk or by calling 01268 498882.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parent/carers may be asked for medical evidence to support absences after 3 days or reoccurring absence patterns.
- Wherever possible, parents/carers should make appointments outside of school hours. If this is unavoidable students should attend school before and after the appointment.

Please familiarise yourself with our attendance procedures found on the school website within the Parent Information section, so you know who and when you need to contact us. www.basildonupperacademy.org.uk/attendance



Did you know? **90%** of young people with attendance **BELOW** **85%** fail to get good grades.

MISSING **1 DAY A WEEK**



LOSING **ONE YEAR OF SCHOOL LIFE.**

Good attendance means:

Being in school at least **97%** of the time, that's at least **184** days a year.

Target
97%+



175

days are **NOT**
spent in school
each year.*

* Plenty of time for shopping,
holidays & appointments.

143

Days of
education

75%

47 days absent

152

Days of
education

80%

38 days absent

162

Days of
education

85%

28 days absent

171

Days of
education

90%

19 days absent

184

Days of
education

97%

6 days absent

190

Days of
education

100%

0 days absent

SERIOUSLY WORRIED

Very poor attendance has a serious
impact & reduces life chances.

VERY CONCERNED

Poor attendance gives
less chance of success.

WELL DONE

Good attendance gives the
best chance of success.

Year 11 AP1, commencing 17th November 2025

AM (9.00am start)

PM (1:30pm start)

Monday 17 th November	English Lang P1	1 hr 45		Biology P1	1 hr 15
Tuesday 18 th November	Geography P1	1 hr		Maths P1	1 hr 30
	History P1	2 hrs			
Wednesday 19 th November	English Literature 1	1 hr 45		Chemistry P1	1 hr 15
Thursday 20 th November	GCSE Business / Enterprise P1	1 hr 45		Maths P2	1 hr 30
	Catering	1 hr 20			
	Music Listening	1 hr 20			
	Engineering Unit 3	1 hr 30			
Friday 21 st November	English Language P2	1 hr 45		French Writing	F: 1 hr 10 H: 1 hr 15

Monday 24 th November	Geography P2	1 hr 30		Physics P1	1 Hr 15
	History P2	2 hrs			
Tuesday 25 th November	Statistics P1	1 hr 45		Biology P2	1 hr 15
Wednesday 26 ^h November	English Literature 2	2 hr 15		Chemistry P2	1 hr 15
Thursday 27 th November	ICT	1 hr 20		Maths P3	1 hr 30
	GCSE PE	1 hr 15			
	GCSE Business / Enterprise P2	1 hr 45			
	Psychology P1	1 hr 30			
Friday 28 th November	French Reading / Listening	F: 1 hr 30 H: 1 hr 50		Physics P2	1 hr 15

Monday 1 st December	Practical Exams		Practical Exams
Tuesday 2 nd December	Practical Exams		Practical Exams
Wednesday 3 rd December	Practical Exams		Practical Exams
Thursday 4 th December	Practical Exams		Practical Exams
Friday 5 th December	Practical Exams		Practical Exams

TA's are deployed according to the needs of the children and TA's are encouraged to use their own interests and strengths. Support in the classroom is effective and pupils spoke about this very positively, "they help explain things better", another pupil articulated, "I feel confident in the classroom, TA's help me to get through school".



Best Practice with
Teaching Assistants Award

2023-2026

Year 13 AP1, commencing 17th November 2025

AM (9.00am start)

PM (1:30pm start)

Monday 17 th November	Physics P1	2 hr		Engineering P1	1 hr 30
	Accounting P1	3 hr			
Tuesday 18 th November	Criminology Controlled Assessment	4 hr			
	Chemistry P1	2 hr			
	English Literature P1	3 hr			
	Geography P1	2 hr 30			
Wednesday 19 th November	Maths P1	2 hr		Psychology P1	2 hr
	Business Unit 3	2 hr			
Thursday 20 th November	IT Unit 1	2 hr		Maths P2	2 hr
	Biology P1	2 hr			
	Sociology P1	2 hr			
Friday 21 st November	Computing Unit 1	2 hr			

Monday 24 th November	Physics P3	2 hr		Engineering P2	1 hr 45
	Accounting P2	3 hr			
		Practical Exams			
Tuesday 25 th November	Chemistry P3	2 hr			
	English Literature P2	2 hr			
	Geography P2	2 hr 30			
		Practical Exams			
Wednesday 26 ^h November	Maths – Statistics	2 hr		Psychology P2	2 hr
	Practical Exams				
Thursday 27 th November	Biology P3	2 hr			
	Sociology P2	1 hr			
		Practical Exams			
Friday 28 th November	Practical Exams				

Parent/Carer Updating Contact Information

Please ensure we have current contact information on file for you, including home address, mobile phone number, and email address. If any of your details have changed, email us at admin@basildonacademies.org.uk with the updated information.



School Nurse Drop-in

**Basildon Upper Academy Drop-in:
Monday Breaks & Lunchtimes Medical Room**

Awkward Topics...

**Sexual Health & Sex
Relationships
Drugs & Alcohol
Smoking
Sexuality**

Confidentiality

**You can talk to me in confidence
at drop-in about things you're
worried about, but maybe don't
want to talk about with other
adults**

Support with

- **Emotional & Physical health**
- **Exam Stress**
- **Friendship issues**



Just Drop-in at break or lunchtime



**School nurse door is open
at break and lunchtimes
for pupils to drop in**

School Nurse Info...

**Lauren
Collins**

**NMC
Registered
Nurse**

**Safeguarding
Support**

**Allan
Ersser**

**Child and
Young Person
Practitioner**