

The Basildon Upper Academy Newsletter

24th November 2025

Dates for the Diary

Year 11 AP1 Assessments

Monday 17th November - Friday 5th December 2025

Year 13 AP1 Assessments

Monday 17th - Friday 28th November 2025

Presentation Event - Invitation Only

Thursday 11th December 2025: 3.30pm-4.30pm

Last Day of Autumn Term

Friday 19th December 2025 - Students finish at 12:30pm

First Day of Spring Term

Tuesday 6th January 2026

Student Value of the Term

NO HUMAN IS ILLEGAL

House Points - Week Ending 21st November



Leadership Message

Read on for your chance to win a £20 Amazon voucher

Dear Parent/Carer

I would like to take this opportunity to thank you for your continued support with our behaviour expectations and our drive to further strengthen the culture across our school. Your partnership has been invaluable in helping us create a calm, safe and focused learning environment where every student can thrive. We have already seen improvements in how students conduct themselves, support one another and take pride in their school community.

We are grateful for your encouragement around attendance. Being in school every day, on time, makes a significant difference to both well-being and long term progress. Thank you for working with us to promote positive routines and helping your child understand the importance of excellent attendance.

As we enter the winter months, please ensure that your child arrives at school with appropriate warm clothing. If you require support with any uniform items, please do not hesitate to contact us to see what support we can offer. A reminder that hoodies are not permitted on the school site and students seen wearing them will be asked to remove them.



If you are able to complete the below survey you could be the lucky winner, selected at random, of a £20 Amazon voucher. Your feedback is vital to us so please do take the time to respond; it will only take a few minutes.

Visit the following link to complete the survey: Parent Survey November 2025

Thank you again for your ongoing support.

E.Huet - Deputy Headteacher - Pastoral, Personal Development and Safeguarding

Parent Drop In - Thursday 27th November

This week's Parent Drop In will be on Thursday 27th November between 2pm and 3pm.

There will be no need to book an appointment, just sign in at reception and staff will be happy to show you to the venue. There is no set topic for the drop in sessions, if we are not able to answer any specific questions, we will follow up and then feedback to you.



Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 17th November 2025.



Year 10 - Iris.I (R10E1)



Year 11 - Keila.E (R11E1)



Sixth Form - Titas.S (R1213)

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the <u>Contact Us</u> page via the Basildon Upper Academy website and select the option for Home Learning/Homework.

Spotlight on: BTEC Level 1 (Introductory Award) Construction



The Pearson BTEC Level 1 Introductory Award and Certificate in Construction focus on hands-on abilities and tasks, emphasising learners showcasing their practical skills rather than theoretical knowledge.

These qualifications provide learners with a chance to gain and enhance versatile, applicable, and industry-specific skills. This enables them to effectively carry out tasks and demonstrate an accomplishment level that prepares them for further learning opportunities.

Full course information can be found by visiting the following link on our website: <u>BTEC Level 1 Introductory Award</u> Construction

Aspire - Believe - Achieve

Youth Vaping – Information for Parents & Carers

There is growing national concern around youth vaping, and it is important that parents and carers have access to clear, reliable guidance. The Essex Safeguarding Children Board (ESCB) has produced helpful information explaining the signs to look out for, the health implications, and ways to talk to young people about vaping.

Further details can be found on the ESCB's youth vaping information page: www.escb.co.uk/safeguarding-topics/youth-vaping/

A dedicated Youth Vaping Toolkit for parents, offering practical advice and conversation prompts, is also available here: www.escb.co.uk/media/3658/youth-vaping-toolkit-for-parents.pdf



Parents and carers are encouraged to review this guidance and use it to support conversations at home.

New Essex Sexual Health Service Webpages Dedicated to Secondary Parents & Carers

The Essex Sexual Health Service now offers dedicated web pages designed to support parents and carers. Parents can find a wealth of resources including FAQs, insights into RSE and advice on how to have those important conversations.



https://essexsexualhealthservice.org.uk/

Year 10 Participate in the Bite Back Campaign

Year 10 students have been engaging in an important new project through the national Bite Back campaign. This initiative forms part of their regular Wellbeing Wednesday tutor time and focuses on empowering young people to make informed, confident decisions about the food they eat.

The Bite Back campaign is an external programme designed to help students understand not only what they are eating, but also how the food industry markets products to young people. Students learn how pricing, advertising, and availability can influence the daily choices they make about what fuels their bodies.

The Upper Academy has a scholarship place on the programme and is working in partnership with Basildon Council to support students in taking ownership of their diets, as well as exploring ways they can positively influence the food available in their school canteen.

As part of the project, students have been working through dedicated Bite Back workbooks, exploring topics such as daily eating habits, barriers to healthy choices, and the pressures young people experience when trying to maintain balanced diets. Group discussions have encouraged students to reflect more deeply, including looking at the role of major food companies and the power they hold in shaping eating trends.

This engaging programme has already sparked lively debate, thoughtful reflection, and a growing confidence among students to challenge unhealthy norms and champion better food options.



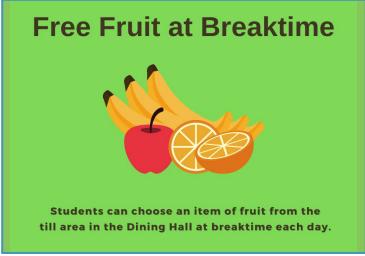


"The project is fun and encourages creativity. You have to use many skills such as creativity when saving money for other meals." Tyrese.R

"This project helps raise awareness of encouraging healthy eating and better spending. We like how it encourages young people to eat homemade healthier food, rather than fast food." Lillian.M and Olivia.G

For more information on the Bite Back campaign and the resources our students are using, visit: www.biteback2030.com





Online Safety Hub: The ABC Model for Digital Safety and Wellbeing

Discover the ABC Model for Digital Safety and Wellbeing, a practical framework designed to help parents support their children in navigating the online world safely and responsibly. Learn how Awareness, Balance, and Communication can promote healthier digital habits. Read more here: https://basildonacademies.onlinesafetyhub.uk/parent/articles/the-abc-model-for-digital-safety-and-wellbeing

The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here: Online Safety Hub - The Basildon Academies



Shahed Wins Prize at Basildon Skills Show

Congratulations to Year 13 student Shahed, who recently won a prize at the Basildon Skills Show.

Shahed took part in a prize draw at the event by answering questions about the various stalls on display.

The Basildon Skills Show is an annual event designed to help students explore a range of career paths, training opportunities, and further education options. Shahed's efforts were rewarded with a £30 Amazon voucher, presented by George Miranda, Careers Advisor Officer at Pathways Basildon, who visited the school especially to present the prize.

"I am so happy to have won this prize." Shahed.O – Year 13



Year 10 STEM Opportunity

Anglia Ruskin University and the Chelmsford Science & Engineering Society are offering a FREE 15-week Saturday Club specifically for Year 10 students interested in Science and Engineering.

Participants will:

- Work in ARU's Super Lab and engineering workshops
- Explore real-world STEM challenges
- Take part in masterclasses & industry visits
- Join national events run by the National Saturday Club

Sessions run on Saturday mornings from January 2026. **Spaces are limited**, so early applications are advised.

For full details and to apply, please visit: https://cses.org.uk/





Year 11 AP1, commencing 17th November 2025

AM (9.00am start)

PM (1:30pm start)

Monday 17 th November	English Lang P1	1 hr 45		Biology P1	1 hr 15
Tuesday 18 th November	Geography P1	1 hr		Maths P1	1 hr 30
	History P1	2 hrs			
Wednesday 19 th November	English Literature 1	1 hr 45		Chemistry P1	1 hr 15
Thursday 20 th November	GCSE Business / Enterprise P1	1 hr 45			1 hr 30
	Catering	1 hr 20		Maths P2	
	Music Listening	1 hr 20			
	Engineering Unit 3	1 hr 30			
Friday 21 st November	English Language P2	1 hr 45		French Writing	F: 1 hr 10 H: 1 hr 15
	Geography P2	1 hr 30		Physics P1	1 Hr 15
Monday 24 th November	History P2	2 hrs			
Tuesday 25 th November	Statistics P1	1 hr 45		Biology P2	1 hr 15
Wednesday 26 ^h November	English Literature 2	2 hr 15		Chemistry P2	1 hr 15
Thursday 27 th November	ICT	1 hr 20			1 hr 30
	GCSE PE	1 hr 15			
	GCSE Business / Enterprise P2	1 hr 45		Maths P3	
	Psychology P1	1 hr 30			
Friday 28 th November	French Reading / Listening	F: 1 hr 30 H: 1 hr 50		Physics P2	1 hr 15
Monday 1 st December	Practical Exams			Practical Exams	
Tuesday 2 nd December	Practical Exams			Practical Exams	
Wednesday 3 rd December	Practical Exams			Practical Exams	
Thursday 4 th December	Practical Exams			Practical Exams	
Friday 5 th December	Practical Exams			Practical Exams	

Parent/Carer Updating Contact Information

Please ensure we have current contact information on file for you, including home address, mobile phone number, and email address. If any of your details have changed, email us at admin@basildonacademies.org.uk with the updated information.

Year 13 AP1, commencing 17th November 2025

AM (9.00am start)

PM (1:30pm start)

Monday 17 th November	Physics P1	2 hr		Foreign agricus D1	1 hr 30	
	Accounting P1	3 hr		Engineering P1		
Tuesday 18 th November	Criminology Controlled Assessment	4 hr				
	Chemistry P1	2 hr				
	English Literature P1	3 hr				
	Geography P1	2 hr 30				
Wednesday 19 th November	Maths P1	2 hr		D D4	2 hr	
	Business Unit 3	2 hr		Psychology P1		
	IT Unit 1	2 hr		Maths P2	2 hr	
Thursday 20 th November	Biology P1	2 hr				
	Sociology P1	2 hr				
Friday 21 st November	Computing Unit 1	2 hr				
Monday 24 th November	Physics P3	2 hr		Engineering P2	1 hr 45	
	Accounting P2	3 hr				
	Practical Exams					
Tuesday 25 th November	Chemistry P3	2 hr				
	English Literature P2	2 hr				
	Geography P2	2 hr 30				
	Practical Exams					
Wednesday 26 ^h November	Maths – Statistics	2 hr		Psychology P2	2 hr	
	Practical Exams					
Thursday 27 th November	Biology P3	2 hr				
	Sociology P2	1 hr				
	Practical Exams					
Friday 28 th November	Practical Exams					

What the schools stand for and promote is highly visible and consistent on each site from the values agreed with students to the diversity represented by EPDA the key figures the school's houses are named after.



BASILDON ACADEMIES WORD OF THE DAY

24 th - 28 th November 2025						
Monday:	Laudable (adjective) louvável in Portuguese – deserving praise and commendation. His laudable efforts improved attendance across the school.					
Tuesday:	Conspicuous (adjective) ਸਪਸ਼ਟ in Punjabi – standing out so as to be clearly visible. The conspicuous error in her essay was quickly spotted.					
Wednesday:	Indomitable (adjective) îndărătnic in Romanian – impossible to defeat or subdue. Her indomitable spirit carried her through adversity.					
Thursday:	Prerogative (noun) прерогатива in Russian — a right or privilege exclusive to a group or person. It was the headteacher's prerogative to decide on uniform changes.					
Friday:	Epiphany (noun) epifani in Samoan — a sudden realisation or insight. During revision, he had an epiphany about the poem's meaning.					





-2.26 % 30,919 jobs

-3.2% in your region of East of England, an decrease of 2,890

Pupils in key stage 4 are well prepared for their next steps. They learn about a range of careers and, like students in the sixth form, they can study a range of vocational courses. Pupils with social, emotional and mental health needs (SEMH) who attend the school's own provision also receive highly effective support

Follow The Basildon Upper Academy on our social media channels







top level F1 drivers)

Absence Procedures

Please let us know as soon as possible if your child is unable to attend school, ideally by 8am, by email to upperattendance@basildonacademies.org.uk or by calling 01268 498882.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parent/carers may be asked for medical evidence to support absences after 3 days or reoccurring absence patterns.
- Wherever possible, parents/carers should make appointments outside of school hours. If this is unavoidable students should attend school before and after the appointment.

Please familiarise yourself with our attendance procedures found on the school website within the Parent Information section, so you know who and when you need to contact us. www.basildonupperacademy.org.uk/attendance









What to do the night before:

Get everything you need for school ready





Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school





Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!



FREE STUDENT WEBINARS

SIGN-UP & FIND OUT MORE



for supporting you with your mental health and wellbeing

Provided by your Mental Health Support Team

@set_camhs_nhs

Do you need help with your mental health and wellbeing? We offer a variety of online workshops to help you on the following topics:

- Understanding anxiety
- Understanding my low mood
- Exam stress
- Strategies to manage distress
- Support for neurodiversity:
 - Meltdowns and shutdowns
 - Energy accounting & burnout
 - Communication
 - Sensory needs

Sessions will be held online and will last between 20 and 30 minutes. Use the QR code above to find out the different dates and times!

