

## Dates for the Diary

### Year 10 & 12 Settling Event

Monday 29<sup>th</sup> September 2025: 3.30pm-4.30pm

### Upper Academy Sixth Form Open Evening

Thursday 2<sup>nd</sup> October 2025: 5pm-7pm

### School Holiday

Friday 3<sup>rd</sup> October 2025

### Academic Progress Information Event

Monday 20<sup>th</sup> October 2025: 3.30pm-4.30pm

### Half Term

Monday 27<sup>th</sup> - Friday 31<sup>st</sup> October 2025

## Student Value of the Term

# BLACK LIVES MATTER

## House Points - Week Ending 5<sup>th</sup> September



2,739  
AUSTEN



2,197  
SEACOLE



2,061  
HAWKING



1,532  
ALI

## Leadership Message

Welcome to the new academic year. We'd like to thank the entire school community for their thoughtful suggestions over the past 12 months. We're excited to continue putting the wonderful ideas into action, including the implementation of a student services at BLA, attendance office improvement and redevelopment at BUA, expanded enrichment opportunities, and the change to school day timings. Our students have been reminded of the excellent opportunities to have their voices heard in year group assemblies last week.

A warm welcome to our new Year 7 and Year 12 students, including those who participated in our successful Summer School. We're thrilled to have you with us and hope the transition continues to be a happy one. We're also proud of the students' improved results at Key Stages 4 and 5.

As we begin the year, I'd like to remind everyone about attendance. Being in school every day not only helps everyone feel part of the community from day one, but it also plays a vital role in helping students realise their potential and improve their life chances.

Finally, we're excited to welcome new colleagues as we continue to grow as a Trust. Here's to a successful, positive year ahead.



**R. Rees**  
Headteacher

	Year 10 Arrive 8:25am	Year 11 Arrive 8:25am	Sixth Form Arrive 8:25am
8:30 - 9:00	Tutor Time	Tutor Time	Tutor Time
9:00 - 9:30	Session 1	Session 1	Session 1
9:30 - 10:00	9:00 - 10:00	9:00 - 10:00	9:00 - 11:00
10:00 - 10:30	Session 2	Session 2	
10:30 - 11:00	10:00 - 11:00	10:00 - 11:00	
11:00 - 11:30	Break 11:00 - 11:30	Break 11:00 - 11:30	Break 11:00 - 11:30
11:30 - 12:00	Session 3	Session 3	Session 2
12:00 - 12:30	11:30 - 1:00	11:30 - 1:00	11:30 - 1:00
12:30 - 1:00			
1:00 - 1:30	Lunch 1:00 - 1:30	Lunch 1:00 - 1:30	Lunch 1:00 - 1:30
1:30 - 2:00	Session 4	Session 4	Session 3
2:00 - 2:30	1:30 - 3:00	1:30 - 3:00	1:30 - 3:00
2:30 - 3:00			
	Depart 3:00pm	Depart 3:00pm	Depart 3:00pm
	Enrichment Tuesday - Thursday	Enrichment Tuesday - Thursday	Enrichment Tuesday - Thursday

## Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 1<sup>st</sup> September 2025.

★ Year 10 - Daniel.M (R10S2)

★ Year 11 - Archie.C (R11Y2)

## Safeguarding

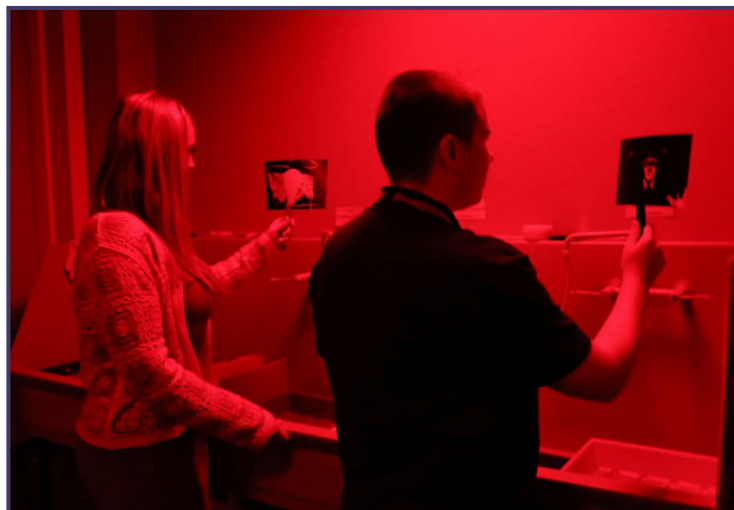
Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link [www.escb.co.uk](http://www.escb.co.uk) which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

[www.basildonupperacademy.org.uk/safeguarding](http://www.basildonupperacademy.org.uk/safeguarding)

## Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

## Spotlight on: A Level Photography



If you are interested in the world around you and your place within it, enjoy picture taking and would like to learn how to take better photographs that translate into creative and meaningful imagery then you would be very suited to the Photography course.

Studying Photography will give you a greater understanding of the world we live in, and your place within it. You will be encouraged to explore subject themes with a personal interest to ensure that you are always on a meaningful creative journey.

Full course information can be found by visiting the following link on our website: [A Level Photography](#)

# Aspire - Believe - Achieve

## Young Minds

[Young Minds](#) is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Just as people's bodies can become unwell, people's minds can become unwell too.

Young Minds offer information to young people and children about mental health and emotional wellbeing. If you need to talk, they can let you know about organisations that listen, plus they offer online support and info.

# YOUNG MiNDS

## Online Safety Hub: Support for Families Relating to Predators on the Internet

In the digital age, predators use the internet to groom and sexually exploit children through coercion and manipulation, making any child with online access a potential victim. [Click here](#) to access information and support relating to predators on the internet.

The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here:

[Online Safety Hub - The Basildon Academies](#)





## Exam Success

Congratulations to all of our students who received their exams results during the summer holidays.



"I'm really impressed with my results. My mock exams were a good reflection of my final grades, and everyone has been so supportive." Ciprian.C

"I achieved grades that I'm both proud of and pleasantly surprised with. Throughout my time here, my teachers gave me so much support and pushed me to be my best." Connie.R

"I'm very happy because I didn't think I was capable of achieving the grades I got. I'm so grateful for all the support from the school." Pamela.T

"I'm surprised, but it just shows that hard work really does pay off." Amira.C

We congratulate all our students and look forward to following their next steps in education, training, or employment with pride.



## International Literacy Day: Why Literacy Matters for Everyone

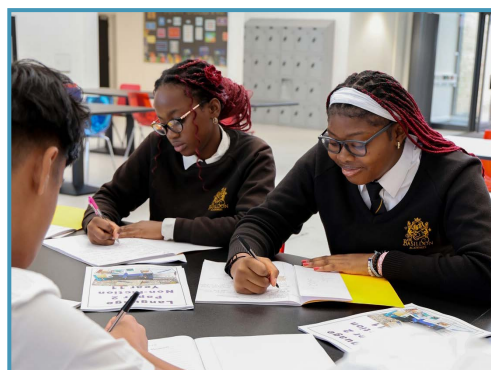
Every year on 8<sup>th</sup> September, the world comes together to celebrate International Literacy Day. Literacy means more than simply being able to read and write, it is about communicating ideas, solving problems, and accessing opportunities. Around the globe, literacy is recognised as a basic human right, giving people the power to learn, work, and participate fully in society.

For students at Basildon Upper Academy, literacy is not just important in English lessons. Whether analysing data in Science, writing up findings in History, or presenting ideas in Business, strong literacy skills are the key to success across all subjects. Reading widely also improves vocabulary, boosts imagination, and builds confidence in speaking and writing.

Parents and carers can play an important role in supporting literacy at home. A few simple ideas include:

- Encouraging your child to talk about what they have read or learned in lessons.
- Reading together - even if just sharing a news article, recipe, or online blog.
- Asking questions that get them to explain or summarise in their own words.
- Making space and time for reading each day.

By working together as a school and home community, we can ensure our young people develop the literacy skills that will support them not only in exams, but in life beyond the classroom.



Thank you for continuing to support literacy at home and helping us to build confident, curious readers and writers.

**S.Harris – KS4 English Lead & KS4/5 Literacy Lead**

The range of opportunities for parents to be involved and/or get involved is constantly growing and at all levels the school are actively seeking to develop the opportunities they provide for families to be involved in the life of the school.



Leading Parent  
Partnership Award

2023-2026



## Year 10 End of Year Rewards Trip

On Wednesday 16<sup>th</sup> July, 100 Year 10 students were selected to attend an exciting end-of-year rewards trip to Mr Mulligans in Basildon. This well-deserved outing was organised to celebrate their outstanding achievements and efforts throughout the last academic year.

The venue offered students a chance to relax and have fun while enjoying a variety of games including mini golf, darts, and pool. The trip provided a perfect opportunity for students to bond, unwind, and celebrate their hard work in a positive and engaging environment.

Students were invited to attend based on their exceptional behaviour, strong work ethic, and the high number of positive credits they earned this year. Their dedication in lessons and commitment to excellence has not gone unnoticed.

We are incredibly proud of what our students have accomplished, and this trip was a fitting reward for their efforts.



## Student Achievement Spotlight: Creative Writing Competition Winners

We are delighted to celebrate the incredible achievements of two talented students.

Richard.K has penned a truly remarkable hand-written story titled Chrysalis, spanning an impressive 26 pages. His narrative follows the protagonist, Remi, through an emotional journey marked by the mysterious and tragic loss of his parents. Richard's storytelling displays exceptional dedication, imagination, and passion, showcasing his true artistic flair.

Richard was awarded First Place for his outstanding achievement and received his certificate and prize on the last day of the academy year in July.

In addition, we would like to recognise Kamel.B with the Effort Award for his imaginative and heartwarming tale about two adventurous squirrels, Peaches and Denis. Although Kamel's story did not top the leaderboard, his creativity, enthusiasm, and unwavering commitment truly stand out. Kamel also received his certificate and prize in July.

Many congratulations to both students. More Literacy competitions will take place this academic year, so please keep an eye out!

**S.Harris – KS4 English Lead & KS4/5 Literacy Lead**



## Parent/Carer Updating Contact Information

Please ensure we have current contact information on file for you, including home address, mobile phone number, and email address. If any of your details have changed, email us at [admin@basildonacademies.org.uk](mailto:admin@basildonacademies.org.uk) with the updated information.

## Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parent/carers may be asked for medical evidence to support absences after 3 days or reoccurring absence patterns.
- Wherever possible, parents/carers should make appointments outside of school hours. If this is unavoidable students should attend school before and after the appointment.

Please familiarise yourself with our attendance procedures found on the school website within the Parent Information section, so you know who and when you need to contact us. [www.basildonupperacademy.org.uk/attendance](http://www.basildonupperacademy.org.uk/attendance)



**Did you know?** **90%** of young people with attendance **BELOW** **85%** fail to get good grades.

MISSING **1** DAY A WEEK



LOSING **ONE YEAR** OF SCHOOL LIFE.

## Good attendance means:

Being in school at least **97%** of the time, that's at least **184** days a year.

Target  
**97%+**



**175**

days are **NOT**  
spent in school  
each year.\*

\* Plenty of time for shopping,  
holidays & appointments.

**143**

Days of  
education

**75%**

47 days absent

**152**

Days of  
education

**80%**

38 days absent

**162**

Days of  
education

**85%**

28 days absent

**171**

Days of  
education

**90%**

19 days absent

**184**

Days of  
education

**97%**

6 days absent

**190**

Days of  
education

**100%**

0 days absent

### SERIOUSLY WORRIED

Very poor attendance has a serious  
impact & reduces life chances.

### VERY CONCERNED

Poor attendance gives  
less chance of success.

### WELL DONE

Good attendance gives the  
best chance of success.



# BASILDON ACADEMIES

## WORD OF THE DAY

8<sup>th</sup> – 12<sup>th</sup> September 2025

Monday:	<b>Sagacious (adjective)</b> <i>bystrý</i> in Czech – wise or shrewd. <i>The sagacious advice from her teacher guided her revision strategy.</i>	
Tuesday:	<b>Tenacity (noun)</b> – vedholdenhed in Danish - the quality of being determined and persistent. <i>Through sheer tenacity, she completed her essay before the deadline.</i>	
Wednesday:	<b>Erudite (adjective)</b> – Erudiet in Dutch - having or showing great knowledge. <i>The professor's erudite lecture captivated the audience.</i>	
Thursday:	<b>Convivial (adjective)</b> – meeleolukas in Estonian - friendly, lively, and enjoyable. <i>The staffroom was unusually convivial after the successful open evening.</i>	
Friday:	<b>Resolute (adjective)</b> – résolu in French - admirably purposeful and determined. <i>He remained resolute in his belief that honesty would prevail.</i>	

## Job of the Week: Dermatologist

### What does a Dermatologist do?

examining, diagnosing, and treating common skin conditions like skin cancer, eczema, psoriasis, acne, and severe drug rashes  
performing cryosurgery for precancerous or benign skin lesions  
carrying out intralesional injections (such as steroids or botulinum toxin)  
prescribing hormonal agents or topical treatments, like contraceptives, retinoids, and spironolactone  
carrying out clinical and basic research  
providing advice to other health professionals

### Labour Market Information

- UK jobs: 237,849
- Essex jobs: 4,621
- Kent jobs: 4,895
- Growth: +7.2% 118,954 jobs



### What Qualifications do you need to do this job?

To become a dermatologist, you'll need to complete speciality training.

Prior to starting your specialty training you need to have completed a medical degree. After your degree, speciality training can take between four and five years

### Let's Talk Money

UK annual median:  
£74,979



Pupils learn about, and understand, the importance of respecting themselves and others. The personal, social and health education (PSHE) curriculum teaches pupils how to look after their physical and mental well-being. Pupils meet a range of employers and representatives from further education colleges. This helps pupils make well-informed choices about their next steps.

Follow The Basildon Upper Academy on our social media channels





## LUNCH MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Mac & Cheese	Mexican Chicken Bun	Sausages	Creamy Sausage Tagliatelle	Fish Finger Sub with Lettuce & Mayo
Main Meal Option2	Vegetable Pasta Bake	Meatballs	Loaded Chicken & Vegetable Quesadillas	Cajun Chicken Traybake	BBQ Chicken Wings
Vegetarian Meal Option 1	Veggie Wrap	Quorn Meatballs	Loaded Vegetable Quesadillas	Cajun Vegetable Wrap	Vegetable Curry
Vegetarian Meal Option 2	Cheese & Tomato Quiche	Breadcrumb Veggie Burger	Veggie Sausage	Creamy Tagliatelle	Vegetable Finger Sub with Lettuce & Mayo
On the Side	New Potatoes Freshly Prepared Coleslaw Salad Peas	Mexican Potatoes Corn on the Cob Salad Pasta	Garlic Bread Peas New Potatoes/Mash Coleslaw	Spanish Pasta Salad Rice Salad	Skin-on Wedges Sweetcorn Savoury Rice
Pasta King Pot	Chinese Vegetable Curry Basilico	Sweet Chilli Chicken Arrabbiata	Bolognese Pomodoro	Spicy Sausage Zingy Peppers	Texan BBQ Meatballs Tomato & Mascarpone
Oven Baked Jacket Potato	<b>Toppings</b> Baked Beans Cheese	<b>Toppings</b> Chilli Baked Beans Cheese	<b>Toppings</b> Tuna Mayonnaise Baked Beans Cheese	<b>Toppings</b> Spicy Baked Beans Cheese	<b>Toppings</b> Baked Beans Cheese
Dessert	Fruit Trifle	Chocolate Pudding & Vanilla Ice Cream	Lemon Drizzle Cake	Apple Crumble Sundae	Carrot Square Cakes



## LUNCH MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Roasted Vegetable Lasagne	Sweet & Sour Chicken	Beef Curry	Chicken Fajitas	Battered Sausage
Main Meal Option2	French Bread Pizza	Chinese Chicken Curry	Chicken Tikka Pizza	Meat Feast Quiche	Individual Meat Pie
Vegetarian Meal Option 1	Roasted Vegetable Tart	Vegetable & Noodle Stir Fry	Naan Pizza	Roasted Vegetable Fajitas	Battered Quorn Sausage
Vegetarian Meal Option 2	Roasted Vegetable Panini	Vegetable Curry	Vegetable Balti	Vegetable Quiche	Individual Vegetable Pie
On the Side	Garlic Bread Freshly Prepared Coleslaw	Super Veggie Spring Roll Chinese Fried Rice	Pilau Rice Naan Bread Coleslaw Salad	Mexican Corn on the Cob Mexican Potatoes Coleslaw	Chips Mushy Peas Curry Sauce
Pasta King Pot	Vegetable Bolognese Zingy Peppers	Pomodoro Chicken Tikka	Arrabbiata Chicken Korma	Mediterranean Pizza Spicy Sausage	Sweet Chilli Chicken Tomato & Mascarpone
Oven Baked Jacket Potato	<b>Toppings</b> Baked Beans Cheese	<b>Toppings</b> Baked Beans Cheese	<b>Toppings</b> Tuna Mayonnaise Baked Beans Cheese	<b>Toppings</b> Chilli Vegetable Chilli Cheese	<b>Toppings</b> Mushy Peas Cheese Beans
Dessert	Apple & Cinnamon Cake	Fruit & Brownie Skewers	Banoffee Cake & Ice Cream	Belgian Waffle with Strawberries & Chocolate Sauce	Rocky Road & Ice Cream





## LUNCH MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Creamy Pepper Pasta	Beef Burger	BBQ Chicken	Chef's Pie	Chicken Pitta Kebabs
Main Meal Option 2	Cheese & Tomato Panini	Hot Dog & Onions	Sweet Chilli Dogs	Cornish Pasty	Cod Goujons
Vegetarian Meal Option 1	Roasted Vegetable Quiche	Breadcrumb Veggie Burger	BBQ Quorn Chicken	Leak & Potato Pie	Quorn Goujons
Vegetarian Meal Option 1	Cheese Quesadillas	Quorn Dog & Onions	Sweet Chilli Quorn Dog	Cheese & Onion Pasty	Grilled Halloumi & Sweet Pepper Pitta Kebabs
On the Side	Garlic Bread Rainbow Coleslaw	New Potato Salad Onion Rings Diced Potatoes	Rice Baked Beans Wedges Freshly Prepared Coleslaw	Mash Peas	Corn on the Cob Seasoned Wedges Salad
Pasta King Pot	Mediterranean Pizza Zingy Peppers	Piri Piri Chicken Pomodoro	Amigo Meatballs Pomodoro	Spicy Sausage Basilico	Sweet Chilli Chicken Tomato & Mascarpone
Oven Baked Jacket Potato	<b>Toppings</b> Baked Beans Cheese	<b>Toppings</b> Baked Beans Cheese	<b>Toppings</b> Tuna Mayonnaise Baked Beans Cheese	<b>Toppings</b> Spicy Baked Beans Cheese	<b>Toppings</b> Cheese Beans
Dessert	Chocolate Sponge & Ice Cream	Pancakes	Ring Doughnuts	Strawberry Cheesecake	Beetroot Brownie



## BREAK MENU



Monday	Tuesday	Wednesday	Thursday	Friday
PK Pockets	Chinese Chicken Wings	Sausage Roll Vegan Sausage Roll	Chocolate or Ham & Cheese Croissant	Bacon & Cheese Turnover
Cheese Toasted Sandwich	Panini	Nachos & Salsa	Pizza	Garlic Bread French Stick
Ultimate Healthy Flapjack	Veggie Quesadilla	Ultimate Healthy Flapjack	Veggie Quesadilla	Ultimate Healthy Flapjack
Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot
Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots