

Dates for the Diary

British Science Week

Friday 8th - Sunday 17th March 2024

Parent Drop In

Wednesday 13th March 2024 10am-11am

Year 10 & 12 Progress Review

Wednesday 13th March 2024 - 3:45pm-6:30pm

Presentation Evening

Wednesday 27th March 2024 - 4pm-5pm

Bank Holiday

Friday 29th March 2024

Easter Holidays

Monday 1st - Friday 12th April 2024

Student Value of the Term

**WOMEN'S
RIGHTS
ARE HUMAN
RIGHTS**

House Points - Week Ending 8th March



16,169
ALI



12,662
AUSTEN



12,346
HAWKING



11,363
SEACOLE

Leadership Message

At the Upper Academy we are always keen to develop students skills and ambitions. This academic year we are working with the Skills Builder Partnership to measure and build essential work based skills for our students to enable them to thrive in education, employment and entrepreneurship. These are the skills which 'almost anyone needs to do almost any job'.

The programme is supported by research and has been developed with businesses and employers and aims to develop highly transferable skills. The eight skills that the programme looks to develop are outlined below:



Each skill is broken down into 16 steps, starting at absolute beginner through to mastery. Our aim is to incorporate these essential skills into students lessons to enable them to develop and thrive. The Year 10 students will also be able to use these skills during their work experience placement which runs from 22nd April to 3rd May.

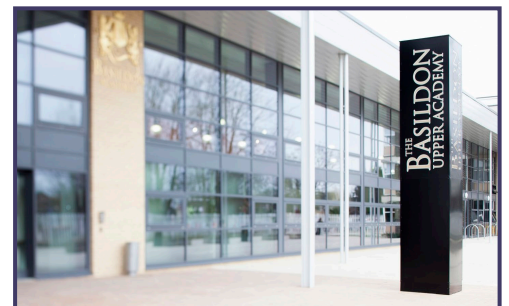
There is also the opportunity for parents and employers to be involved in the delivery, if you are interested in supporting please do let me know through the contact us section of the school website, using general enquires as your subject and naming skills builder in the message.

S.Szuskiewicz - Deputy Headteacher

Parent Drop In - Wednesday 13th March

This week's Parent Drop In will be on Wednesday 13th March, between 10am and 11am.

There will be no need to book an appointment, just sign in at reception and staff will be happy to show you to the venue. There is no set topic for the drop in sessions, if we are not able to answer any specific questions, we will follow up and then feedback to you.



National Careers Week

As part of National Careers Week, students participated in various career related activities and discussions, giving them the opportunity to explore different career pathways and, to share their future aspirations.

"It is good to celebrate National Careers Week, so that we can explore what career we would like to do in the future."
Christina.K – Year 10



International Women's Day

On Friday 8th March, the Upper Academy celebrated International Women's Day, an event which is linked directly to our Student Value of 'Women's Rights Are Human Rights'.

Students took part in a special International Women's Day quiz and attended an assembly to celebrate and recognise the achievements and contributions of women throughout history. The assembly included the inspiring journey of the Lionesses, demonstrating what can be achieved when women are included.

"It's important to understand how women have impacted our lives." Sophie.A – Year 10



Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 4th March 2024.

- ★ Year 10 - Nojus.K (R10E2)
- ★ Year 11 - Georgie.J (R11Z1)
- ★ Sixth Form - Remy.A (R1213)

Safeguarding

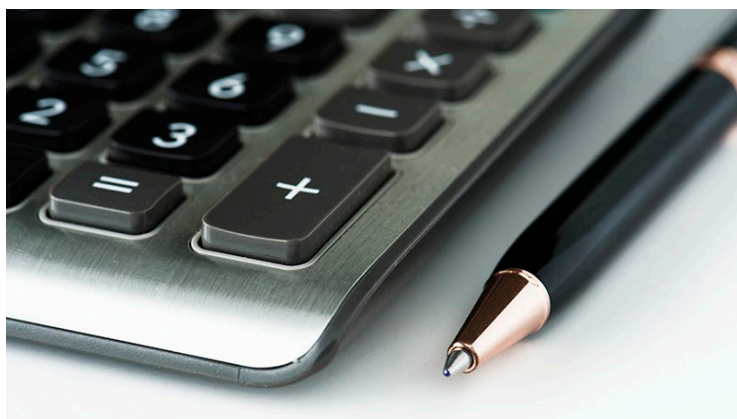
Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

Spotlight on: A Level Mathematics & Further Mathematics



Mathematics at AS and Advanced GCE is a course worth studying not only as a supporting subject for the physical and social sciences, but in its own right.

It builds on work students will have met at GCSE, but also involves new ideas that some of the greatest minds of the millennium have produced. It serves as a very useful support for many other qualifications as well as being a sought after qualification for the workplace and courses in higher education. A Level Mathematics can be taken without Further Mathematics.

Full course information can be found by visiting the following link on our website: [A Level Maths](#)

Applications for September 2024 admissions to our Sixth Form are now open. The online application form can be completed by visiting the following link:

[Sixth Form Apply to Join](#)

WizeUp Financial Education Workshop

As part of National Careers Week, Sixth Form students participated in a Financial Education Workshop delivered by Sophia from WizeUp, in association with the Jack Petchey Foundation.

The main purpose of the workshop was to enhance the financial literacy of our students, particularly on topics of taxation and pensions, enabling our students to make informed & positive financial choices in the future.

"I found the workshop really helpful and I now have a better understanding of the different types of taxes." Kevin.M - Year 13

"The session was packed with essential information about tax and pensions." Keanu.D - Year 13

"Before the workshop I had no knowledge of income tax. The workshop was very informative and has helped me become a lot more aware of my finances for the future." Shanoya.W - Year 12

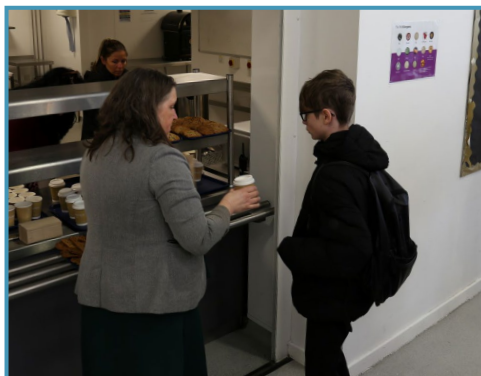
"We really enjoyed listening to Sophia share her knowledge about taxes and pensions. She used very easy examples, and now we understand more about pensions and how to calculate the tax for each salary band."

Erika.D, Roza.G and Sabreen.H - Year 13



Well done Year 11

Well done to our Year 11 students, who were recently rewarded for demonstrating resilience, dedication, and maturity towards their recent AP2 GCSE mock exams. Each student received a free hot chocolate and cookie.



Year 12 Enjoy Taster Day at Portsmouth University

On Tuesday 5th March, Year 12 Social Sciences students visited Portsmouth University to take part in a variety of workshops that covered aspects from degree courses linked with Criminology, Psychology and Sociology units. Students also explored the campus to get a feel for university life!

"I didn't realise how effective it was to use bugs to determine time of death, we even got to see the bugs." Paige.J

"It was really interesting to hear the lady, Zoe, talk about crime scene investigations." Remy.A



Prom Donations

As we are approaching Prom 2024, we are looking to see if any of you have any suitable pre-loved suits that you wouldn't mind kindly donating to our in-house Prom Shop!

This is set up to support students who may not have access to a smart suit.

Any donations will be gratefully received into the reception office on either site.



Job of the Week: Order Picker

What does an Order Picker do?

Order pickers are advanced industrial devices designed to streamline the retrieval process in storage and distribution settings. These pieces of equipment empower workers to access merchandise stored at considerable heights in safety and with ease.

As an Order Picker you will gather items to prepare for shipping and assist with inventory movement throughout the warehouse.

Labour Market Information

- UK jobs: 15,042
- Essex jobs: 522 (1st of 214 UK LEAs)
- Top 5 LEAs: Essex (522), Kent (507), Surrey (454), Hampshire (405), Leicestershire (375)

Let's Talk Money

UK annual median: £23,400

What Qualifications do you need to do this job?

To become an order picker, you need to:
Have at least 6 months of experience as an order selector.

Possess basic math skills.
Have basic computer skills.

Demonstrate good communication skills.
Possess good problem-solving skills.
Have knowledge of safety guidelines and regulations for operating equipment in a warehouse environment.

THE BASILDON ACADEMIES WORD OF THE DAY

11th March - 15th March 2024
10th March- Mother's Day

Monday:	Feminine: Na mata in Hausa Having qualities traditionally ascribed to women, as sensitivity or gentleness.
Tuesday:	Womanly: دښځينه in Pashto Like or befitting a woman; feminine; not masculine or girlish.
Wednesday:	Nurturing: pariposhippikkunnathu in Malayalam Providing food, protection, comfort, or support.
Thursday:	Matriarchal: Puoselėjimas in Lithuanian Characteristic of an entity, family, etc., controlled by women.
Friday:	Femininity: Ɔbea su in Twi The quality of being feminine; womanliness.

SEND Department Coffee Mornings

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss their child's progress. Coffee mornings are held at the Upper Academy from 11am – 12pm every Tuesday.

To book an appointment please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.



- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

www.basildonupperacademy.org.uk/attendance



GOOD TIMEKEEPING



What to do the night before:

Get everything you need for school ready



Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school



Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!



Five minutes late per day soon adds up to three days of lost school time



EXTRA-CURRICULAR SPORTS CLUBS

Monday	Tuesday	Wednesday	Thursday	Friday
After School: 3.30 - 4.30pm <ul style="list-style-type: none"> Girls Basketball Year 11 Sports Science/ Studies Catch up 	After School: 3.30 - 4.30pm <ul style="list-style-type: none"> Boys Football 	After School: 3.30 - 4.30pm <ul style="list-style-type: none"> Badminton Year 10 Sports Studies Catch up Girls Multisports 	After School: 3.30 - 4.30pm <ul style="list-style-type: none"> Boys Basketball 	

As staff have felt empowered and confident to come forward with their own ideas new developments have flourished. A great example of this is the school play currently taking place which is the first for many years and has been a great opportunity for students and the school to showcase their talents to their school community and the wider community.



Excellence in Pupil Development Award

2023-2026



Red Nose Day Cake & Biscuit Sale Friday 15th March



The Dining Hall will be selling a selection of cakes & biscuits on Friday 15th March.

Each item will be priced at 50p with all proceeds going to Comic Relief.



Follow The Basildon Upper Academy on our social media channels



What to do

Advice on childhood illnesses



Go to school; if needed, get treatment as required



Some restrictions for school attendance



Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms		Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters		Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat		Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)		Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene*
German measles/ Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards		GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before		GP	*
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)		GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)		Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness		GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash		GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty		Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm		GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash		GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus		Pharmacy	Ensure good hand hygiene
Tonsillitis/ Strep throat	Intense sore throat for more than 1 day		Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'		GP	Exclusion period during first five days of antibiotics
Covid				Visit www.nhs.uk for latest guidance

*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Should my child go to school/nursery today?
Hertfordshire and West Essex Healthier Together for further information
<https://www.hwehealthiertogether.nhs.uk/parentscarers>

Working in partnership with

