

The Basildon Upper Academy Newsletter

26th April 2022

Dates for the Diary

Bank Holiday

Monday 2nd May 2022

National Gardening Week

Monday 2nd May - Sunday 8th May 2022

National Vegetarian Week

Monday 16th - Sunday 22nd May 2022

National Numeracy Day

Wednesday 18th May 2022



Free Online Counselling Service

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please email:

remotelearning@basildonacademies.org.uk

Student Value of the Term

Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 18th April.



Year 10 - Ty.L (10Z2)



Year 11 - Holly.B (11X2)



Sixth Form - Chloe.H (1213)

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonacademies.org.uk/safeguarding

Student Water Bottles

Please encourage your child to bring their water bottle to school and should replacements be required, these can be purchased through your ParentPay account for just £1.



House Points - Week Ending 22nd April





AUSTEN



34968 HAWKING



34850 AII



34456 SEACOLE



Students talked openly and maturely about how the school supports them with their mental health, social and emotional needs. One student said, "School have offered me support, and I have been able to speak to specialists about coping with anxiety."

Absence Procedures

To report a student absence please email:

attendance@basildonacademies.org.uk

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

Every School Day Counts



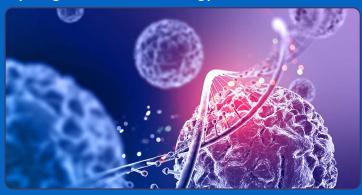
Every Minute Counts

LATENESS = LOST LEARNING

(Figures below are calculated over a school year)

5 Minutes late each day	3 days lost!		
10 Minutes late each day	6.5 days lost!		
15 Minutes late each day	10 days lost!		
20 Minutes late each day	13 days lost!		

Spotlight on: A Level Biology



Biology is at the forefront of some of the exciting and controversial issues in the news today. Publicity surrounding genetic engineering, environmental and medical developments have highlighted the need for an understanding of such issues. Biology is a very popular and valuable subject at A-Level; it involves the development of understanding and techniques that are highly sort after by Further Education and employers.

By exploring the complexities and wonders of nature you will find a whole world of employment awaits you in fields such as medicine, genetics, biochemistry, ecology, environmental science, agriculture, forensics, law & botany.

Full course information can be found by visiting the following link on our website: Biology

Year 11 students wishing to join our Sixth Form can apply via the following link:

www.basildonacademies.org.uk/applytojoir

School nurse drop-in



If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Upper Academy:

Every Monday Breaktime Location: The Upper Academy Wellbeing Centre



Upper Academy Intervention Programme

	Lunch	3.30-4.30pm		
Monday	> Homework	Higher Project Qualification (Invited students only) U1SC2		
	Club U3GC3	Year 10 and 11 Pomodoro (Silent Study) U3GC3		
		➤ SEN Revision Club SEN Room		
Tuesday	> Homework	➤ English Language Revision Club U1GS1		
	Club U3GC3	English Literature Revision Club U1GS3		
		➤ SEN Revision Club SEN Room		
Wednesday	➤ Homework	➤ Foundation Science Revision Club U2GS2		
	Club U3GC3	➤ Higher Science Revision Club U2GS1		
		➤ Aim Higher Options Club		
		(Ask your options teachers for information)		
		➤ SEN Revision Club SEN Room		
Thursday	> Homework	➤ Foundation Maths Revision Club U3GS3		
	Club U3GC3	Higher Maths Revision Club U3GC1		
		➤ SEN Revision Club SEN Room		
Friday	➤ Homework			
	Club U3GC3			

#EveryMinuteCounts: Time - Place - Face

	LUNCH MENU WEEK 2				
BASILDON ACADEMIES	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Meat Free Monday Roasted Vegetable Lasagne	Chinese Tuesday Sweet & Sour Chicken	Wednesday Family Favourite Sausages	Mexican Thursday Chicken Fajitas	Chip Shop Friday Battered Sausage
Main Meal Option2	French Bread Pizza	Chinese Chicken Curry	Spaghetti Bolognese	Loaded Chicken & Vegetable Quesadillas	Individual Meat Pie
Vegetarian Meal Option 1	Roasted Vegetable Tart	Vegetable & Noodle Stir Fry	3-Veg Macaroni Cheese	Roasted Vegetable Fajitas	Battered Quorn Sausag
Vegetarian Meal Option 2	Roasted Vegetable Panini	Vegetable Curry	Quorn Bolognese	Loaded Vegetable Quesadillas	Individual Vegetable P
On the Side	Garlic Bread Freshly Prepared Coleslaw	Super Veggie Spring Roll Chinese Fried Rice	Garlic Toast Peas Mash Freshly Prepared Coleslaw	Mexican Corn on the Cob Mexican Potatoes	Chips Mushy Peas Curry Sauce
Pasta King Pot	Italian Mushroom Zingy Peppers	Sweet & Sour Chinese Chicken Veg Tikka	Bolognese Pomodoro	Mediterranean Pizza Spicy Sausage	Sweet Chilli Chicken Tomato & Mascarpon
Oven Baked Jacket Potato	Toppings Baked Beans Cheese	Toppings Baked Beans Cheese	Toppings Tuna Mayonnaise Baked Beans Cheese	Toppings Chilli Vegetable Chilli Cheese	Toppings Mushy Peas Cheese Beans
Dessert	St Clements Cake	Fruit & Brownie Skewers	Lemon Drizzle Cake	Belgian Waffle with Strawberries & Chocolate Sauce	Rocky Road & Ice Crea



BREAK MENU



Monday	Tuesday	Wednesday	Thursday	Friday
PK Pockets	Chinese Chicken Wings	Sausage Roll Vegan Sausage Roll	PK Pockets	Egg & Bacon Muffin
Cheese Toasted Sandwich	Toasted Sandwich Panini Nachos & Sals		Pizza	Garlic Bread French Sick
Ultimate Healthy Flapjack	Ultimate Healthy Flapjack Veggie Quesadilla		Breakfast Roll-Up	Ultimate Hea <mark>lthy Flapjack</mark>
Granola & Yoghurt Pot Granola & Yoghurt Pot		Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot
Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots





