

## Cooking with the Royal Navy

A group of Year 10 aspiring chefs recently took part in a cookery challenge set by catering service professionals from the Royal Navy.

The cookery challenge was designed to enhance team building and leadership skills. Jason and Harry gave instructions and guidance to students who were then put into teams to create a main meal and dessert, with just an hour to plate up. All of our students applied themselves with full commitment to the challenge.

The visit was part of our careers programme and students were able to discuss career options within the Navy.

"The staff from the Royal Navy were very kind and the guidance they gave us was very comprehensive. The cooking challenge required us to work well as part of a team, which I enjoyed as it enabled me to communicate and express myself throughout the task. Jason and Harry explained to us what a career in the Navy would be like, which eliminated stereotypes such as how the Navy is portrayed on television and in the movies. This made me reflect that it's not all about war and danger. Joining the Navy is an opportunity to experience different cultures around the world." **Eluney.B**

"Cooking was a fun experience, not something you would usually associate with the Navy. I would definitely do it again if I could." **Sonny.J**

"I found it quite cool and I learned more about the Navy and what they do." **Reuban.B**

"The challenge was fun and I feel like my teamwork skills have improved." **Adam.D**



## Dates for the Diary

### Parent-Teacher Onsite Event

Monday 14<sup>th</sup> November 2022 - 3:30pm-5pm

### Parent Forum - Venue: Basildon Lower Academy

Monday 14<sup>th</sup> November 2022 - 5pm-6pm

### Anti-Bullying Week

Monday 14<sup>th</sup> - Friday 18<sup>th</sup> November 2022

### UK Parliament Week

Monday 14<sup>th</sup> - Sunday 20<sup>th</sup> November 2022

### UK Disability History Month

Wednesday 16<sup>th</sup> November - Friday 16<sup>th</sup> December 2022

### Children in Need

Friday 18<sup>th</sup> November 2022

### Year 11 & Year 13 Mock Exams

Monday 28<sup>th</sup> November - Friday 16<sup>th</sup> December 2022

### Last Day of Autumn Term

Friday 16<sup>th</sup> December 2022

## Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 7<sup>th</sup> November 2022.

- ★ Year 10 - Lewis.W (R10T2)
- ★ Year 11 - Michal.G (R11E2)
- ★ Sixth Form - Leo.B (R1213)

## Student Value of the Term

**NO HUMAN  
IS ILLEGAL**

Strong, supportive, and mutually respectful relationships were evident throughout the visit and young people said that the increased emphasis on rights, respect and dignity has added to this, "If you respect people's rights, you respect them as a person." mentioned one student.

*Unicef RRSB Accreditation Report Gold: Rights Aware - July 2022*

## School nurse drop-in



If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Wednesday Breaktime, Location: The Upper Academy Wellbeing Centre

## House Points - Week Ending 11<sup>th</sup> November



11,156  
HAWKING



11,043  
AUSTEN



10,376  
SEACOLE



10,167  
ALI

The curriculum, student briefings and assemblies, the website, and the displays and messaging throughout the school all give mental health and wellbeing a high profile and promote its importance to all members of the school community as well as providing guidance to those seeking support.



Wellbeing Award  
for Schools

2022-2025

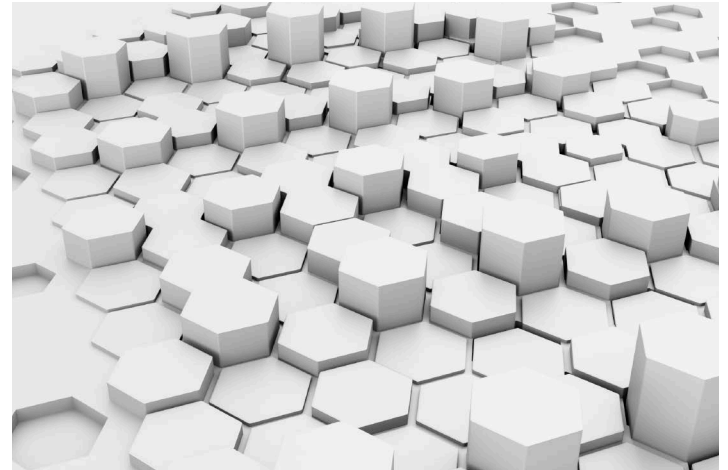
## SEND Department Coffee Mornings Every Wednesday 8.45am – 9.45am

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss your child's progress. Coffee mornings are held at the Upper Academy from 8.45am - 9.45am every Wednesday.

To book an appointment please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



## Spotlight on: A Level 3D Design



Explore how you could improve the world around you through your designs. This course is a creative and thought provoking qualification; Three-Dimensional Design is distinguishable by the emphasis placed upon functional and utilitarian considerations.

The A Level 3D Design is a two-year course that will give you the opportunity to explore a wide range of materials and techniques through creating three dimensional work.

Full course information can be found by visiting the following link on our website: [A Level 3D Design](#)

Year 11 students wishing to join our Sixth Form can apply via the following link: [Apply to join](#)

## Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link [www.escb.co.uk](http://www.escb.co.uk) which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

[www.basildonupperacademy.org.uk/safeguarding](http://www.basildonupperacademy.org.uk/safeguarding)

## Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



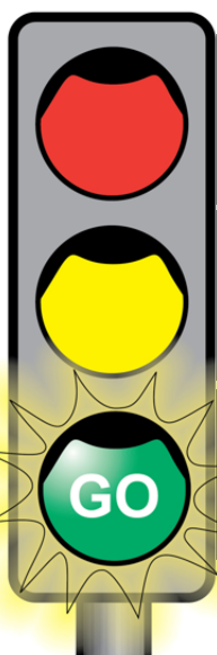
## Attendance Expectations

There is a clear link between academic success and attendance and as such our expectations for attendance are that:

- Parents have a legal duty to ensure their child attends regularly.
- Students should have 100% attendance each year.  
Students with attendance below 95% are of concern.

# ATTENDANCE

*Every Minute Counts!*



**89% & below**

*Drastic effect on academic achievement*

**95-90%**

*Less chance of success. Harder to make progress*

**100-96%**

*Good chance of success and progress*

### Absence from school

Children are required by law to attend school 190 days per year. The government states that every child's attendance should be above 95%.

### How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

## Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

[www.basildonupperacademy.org.uk/attendance](http://www.basildonupperacademy.org.uk/attendance)

## Remembrance Day 2022

The Basildon Lower Academy was honoured to welcome our Year 10 & 11 Army Cadets to sell poppies and raise awareness of the cadets in our community. It was a very special moment to see these students leading our 2-minute silence with their Lower Academy colleagues.



## Parent-Teacher Onsite Event: Monday 14<sup>th</sup> November 3:30-5pm

To coincide with the start of Anti-Bullying Week, we will be opening the Upper Academy to parents & carers in Year 10-13 to view student work and discuss how we embed our student values in the curriculum at the Academies. We are immensely proud of our young people achieving [UNICEF Rights Respecting Gold Award](#) and would love to share the work the students are doing every day to promote these values.

This will be an opportunity to come onsite and meet informally with your child's teachers, viewing the great work our students have produced so far this year.

## Year 11 Sixth Form Applications

Some of our most popular options already have waiting lists for Sixth Form 2023-2024. Year 11 students need to ensure they have their application form in this half term to guarantee them a space, as we will be starting to allocate groups after the Christmas break.

Please do not hesitate to visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Sixth Form if you need any advice or guidance on how to apply.

Sixth Form Course Information can be found by visiting: [www.basildonupperacademy.org.uk/course-information](http://www.basildonupperacademy.org.uk/course-information)



## Year 10 Work Experience

After 3 years of disruption due to the pandemic, we are excited to have Year 10 work experience planning well underway. Year 10 students will be off site from Monday 24<sup>th</sup> April – Friday 5<sup>th</sup> May 2023 on work experience placements. Please encourage conversations at home about where students would like to do their work placements. If you need advice on how and where to source appropriate placements, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



## Assessment Point Dates

- Year 11 & 13 – 28th November to 16th December 2022
- Year 10 & 12 – w/c 16th January 2023

These assessment points are crucial in helping us to support students in closing any learning gaps, providing stretch and challenge as well as preparing our Upper Academy students for their upcoming public examinations. Please contact our Quality of Education team if you need any advice on how to support home learning in the lead up to these assessments, via the [Contact Us](#) page found on the Basildon Upper Academy website and select the option for Home Learning/Homework.

## Free Online Counselling Service

[www.kooth.com](http://www.kooth.com) is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).

*Aspire - Believe - Achieve*



# Free school lunch for all students Friday 18<sup>th</sup> November

A free school lunch is a hot meal or sandwich and either a dessert or a drink.



**BBC**

## Children in Need



**On Friday 18<sup>th</sup> November the Dining Hall will be selling a selection of cakes & biscuits for 50p each. All proceeds will go to Children in Need.**



## Q&A FOR PARENTS AND CARERS IN ANTI- BULLYING WEEK

Is your child experiencing bullying? As parents and carers, we can have lots of emotions and questions, whether our child is impacted by bullying or involved in the bullying themselves. **This Anti-Bullying Week, join a live Q&A with a panel from the award-winning anti-bullying charity Kidscape. The free event is designed to give practical hope and help to parents and carers.**

The panel will include:

- **Lauren Seager-Smith**, CEO of Kidscape. Lauren has worked in bullying prevention for over twelve years and is a Trustee of Children England. She's also a mum and on her own parenting journey.
- **Liat Hughes Joshi**, a journalist and broadcaster who specialises in parenting and family life. She is the author of five parenting books, published in the UK and internationally. Three of her books contain guidance on what to do if your child is being bullied or if they are bullying someone else.

To join, simply head to [Kidscape's Facebook page](#) on Tuesday 15<sup>th</sup> November at 8pm.  
The Q&A will be livestreamed to Facebook.



# National Online Safety

The online world is posing an ever-increasing risk to children, and it is important that schools, parents and carers work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.

We are therefore delighted to announce that we have shown our commitment to protecting students online by working with National Online Safety- providing resources for all parents and carers. The resources include Parents & Carers courses, online video resources and weekly guides covering a huge range of topics, including:

- Online Relationships
- Fake Profiles & Social Bots
- Online Bullying
- Online Grooming
- Child Sexual Exploitation
- Sexual Harassment & Violence
- Sexting
- Live Streaming
- Online Identity
- Screen Addiction
- Online Challenges
- Overspending
- Social Media Platforms
- Online Gambling
- Radicalisation, Terrorism & Extremism
- Age Inappropriate Content
- Copyright & Ownership
- Hacking
- Fake News
- Online Fraud
- Online Reputation
- Personal Data
- Pornography
- Targeted Adverts & Pop-Ups
- The Dark Web
- Games & Trends



**National  
Online  
Safety®**

## Download your Free Online Safety App for Parents & Carers

The image shows a collection of colorful, informative guides and a smartphone. The guides cover topics like 'XBOX SERIES X/S', 'PLAYSTATION 5', 'FORTNITE', and 'TROLLING & ONLINE ABUSE'. The smartphone displays the National Online Safety app interface, which includes a search bar, a grid of course cards for different age groups (e.g., 'AGES 4-7', 'AGES 7-11', 'AGES 11-14', 'AGES 14-18'), and a video thumbnail for an 'Online Safety Class' hosted by Myleene Klass. The NOS logo is also visible in the top right corner of the app interface.



**Be #OnlineSafetySavvy**

Keep up with the latest apps  
games and tech your children  
are using, with the worlds  
most comprehensive online  
safety app for parents.

To create your account, please follow <https://nationalonlinesafety.com/enrol/basildon-academies> and complete your details. When you're set up, you'll be able to set 'Parent/Carer' as your user type.

You can access National Online Safety online via any device- including via the brand-new smartphone app. To download the app, please go to:

<https://apps.apple.com/gb/app/national-online-safety/id1530342372>

<https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos>