

Dates for the Diary

UK Disability History Month

Thursday 16th November - Saturday 16th December 2023

Year 11 Mock Exams

Monday 20th November - Friday 8th December 2023

Year 13 Mock Exams

Monday 4th - Friday 15th December 2023

Presentation Evening

Wednesday 13th December 2023 - 4pm-5pm

Last Day of Autumn Term

Wednesday 20th December 2023

Student Value of the Term

**NO HUMAN
IS ILLEGAL**

House Points - Week Ending 17th November



6,790
ALI



6,216
SEACOLE



5,630
AUSTEN



5,262
HAWKING

Leadership Message

Let's Talk Mental Health & Wellbeing

Here at the academies, we recognise that there are times when we all need to reach out for support but do not always know where to go to find that support, what it might look like or how to access it.

Within the [Wellbeing Advice for Parents and Carers](#) section of the Upper Academy website, you will find a number of resources you can access, these include:

[Kooth](#): Free online support for young people.

[Young Minds](#): Information for young people and children about mental health and emotional wellbeing.

[Childline](#): Is the UK's free helpline for children and young people.

[Brook Advisory Service](#): The UK's leading provider of sexual health services and advice for young people under 25.

[Winston's Wish](#): Support, information and guidance to all those caring for a bereaved child or young person.

Other services that offer resources and ideas for managing thoughts and feelings include:

[Your Space @ Sericc](#): A wellbeing hub with resources and ideas for managing the thoughts and feelings.

[Vita Minds](#): A free and confidential NHS service that offers self-help guides, live chat, support groups and chat forums.

The Basildon Upper Academy Wellbeing Team is available to support or signpost you to organisations that offer support.

Let's Talk; it is our most accessible resource and it's free.

S.O'Neill

Deputy Safeguarding Lead & Senior Student Development Leader



Wellbeing Award
for Schools

2022-2025

Could you be a Parent Governor?

As we are a rapidly growing academy trust we have opportunities for new parent governors to join our team.

Becoming a Parent Governor offers you the opportunity to make a real contribution to the academy community and to work together with the academy leadership, staff and other governors.

If this opportunity is of interest then please apply via our website: www.basildonacademies.org.uk/governance-vacancies

The closing date for applications will be 3pm on Friday 24th November.

Anti-Bullying Week

As part of Anti-Bullying Week, students enthusiastically participated in a range of activities aimed at fostering our school community's respectful and inclusive environment.

Student events and activities included;

- Student discussions during Enrichment, which focused on understanding the differences between bullying and banter.
- A respect themed whole school assembly.
- Kindness cakes: Specially decorated biscuits and cakes with 'Be Kind' slogans were sold during breaktime.
- Odd Socks Day: Students wore odd socks to demonstrate 'celebrating our differences'.

Anti-Bullying Week serves as a crucial reminder to foster respect and kindness. By raising awareness about the impact of bullying, the academies promote a culture where empathy prevails, creating a safer and more inclusive environment for everyone. Embracing respect is key to dismantling the cycle of bullying and building a society where individuals feel valued and supported.

"How would you like it if it happened to you, so treat people how you would like to be treated." Ashton.L – Year 10

"Bullying is not okay. Everyone should be respected. It may seem like fun to you but in fact bullying can be very harmful to others." Kaili.R – Year 10

"Anti-Bullying Week is important because it helps to highlight why bullying is wrong." Mitchell.K – Year 11

"Respect other people how you want to be respected and imagine yourself in their shoes." Charlie.C – Year 10



Result of Parliament Week Ballot

During our recent UK Parliament Week ballot, Upper Academy students voted 82% in favour of raising the legal age of smoking each year.



Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of blazers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.

Aspire - Believe - Achieve

Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.



- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

www.basildonupperacademy.org.uk/attendance

Categorising attendance and learning hours lost

Descriptor	Threshold attendance	Actual attendance (days)	Whole days absent	Lost learning hours	Level of concern
Excellent	100%	190	0	0	Green
	99%	188	2	10	
Good	98%	186	4	20	Green
	97%	184	6	30	
	96%	182.5	7.5	37.5	
Cause for concern	95%	180.5	9.5	47.5	Orange
	94%	179	11	55	
	93%	177	13	65	
	92%	175	15	75	
	91%	173	17	85	
Unsatisfactory	90%	171	19	95	Red
	89%	169	21	105	
	88%	167	23	115	
	87%	165	25	125	
	86%	163	27	135	
Critical	85%	161.5	28.5	142.5	Red
	84%	159.5	30.5	152.5	
	83%	158	32	160	
	82%	156	34	170	
	81%	154	36	180	
	80%	152	38	190	

Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 13th November 2023.

- ★ Year 10 - Amy.W (R10U2)
- ★ Year 11 - Renice.M (R11Z2)
- ★ Sixth Form - Igor.P (R1213)

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

Spotlight on: A Level Sociology



Do you have an interest in other people's lives, attitudes and behaviour, and are open to having your own ideas challenged, or challenging the ideas of others? Then this course could be for you. Sociology is a wide-ranging subject involving many areas of social life, including: families and households, education, mass media and crime and deviance research methods. To enjoy sociology you need to be interested in the world around you and have an open, enquiring mind.

You will learn basic theories or ways of looking at society and develop the skills to assess different views and reach conclusions. You will expand and use knowledge to analyse modern society, critically assess different views on the way society works, explore the core themes of socialisation, culture and identity, social differentiation, and power and stratification.

Full course information can be found by visiting the following link on our website: [A Level Sociology](#)

Free Fruit at Breaktime



Students can choose an item of fruit from the till area in the Dining Hall at breaktime each day.

Student Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Wednesday
Breaktime

Location:
The Wellbeing Centre



The school's RSHE programme is fully compliant but is also adapted to meet the specific needs of the school community. It is taught in discrete weekly timetabled lessons by teachers with an active interest and the skills and expertise to manage open discussions supported by the lead who develops the lesson material and provides training and support for staff.



Excellence in Pupil
Development Award

2023-2026

Follow The Basildon Upper Academy on our social media channels



Year 11 Mock Examinations, commencing 20th November 2023

AM (8:30am start)

PM (1:30pm start)

Monday 20 November	English Language P1	1 hr 45	Biology P1	1 hr 15
Tuesday 21 November	History P1	2 hrs	Chemistry P1	1hr 15
	Geography P1	1 hr 30		
Wednesday 22 November	Geography P2	1 hr 30	Maths P1	1 hr 30
Thursday 23 November	English Language P2	1 hr 45	Physics P1	1 hr 15
Friday 24 November	Maths P2	1 hr 30	History P2	1 hr
			Geography P3	1 hr 30

Monday 27 November	English Literature P2	2 hr 15	Biology 2	1 hr 15
Tuesday 28 November	Maths P3	1 hr 30	Chemistry P2	1 hr 15
Wednesday 29 November	English Literature P1	1 hr 45	Physics P2	1 hr 15
Thursday 30 November	Statistics	1 hr 45	Catering	1hr 20
			ICT	1hr 20
			Engineering	1 hr 30
Friday 01 December	French Listening	35 mins	Enterprise	2hrs
	French Reading	45 mins	Hair & Beauty	1hr 40

Monday 04 December	French Writing	1 hr	Option clashes	Various
Tuesday 05 December	Art Practical 11A-ART (All day) 8:30am start			
	Photography Practical 11A (All day) 8:30am start			
Wednesday 06 December	Art Practical 11B-AR (All day) 8:30am start			
	Photography Practical 11B (All day) 8:30am start			
Thursday 07 December	Sport Studies Practical (All day) 8:30am start			
	Art Practical 11C (All day) 8:30am start			
	Photography Practical 11C (All day) 8:30am start			
Friday 08 December	Art Practical 11D (All day) 8:30am start			
	Photography Practical 11D (All day) 8:30am start			
	Performing Arts 11C and D (All day) 8:30am start			

Monday 11 December	Home language Listening and Reading	Various	Home language Writing	Various
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