

# The Basildon Upper Academy Newsletter

19th April 2022

#### **Dates for the Diary**

**First Day of Summer Term** 

Tuesday 19<sup>th</sup> April 2022

**Year 10 & Year 11 Immunisation Catch-ups** 

Tuesday 19th April 2022

**Earth Day** 

Friday 22<sup>nd</sup> April 2022

**Stephen Lawrence Day** 

Friday 22<sup>nd</sup> April 2022

**Bank Holiday** 

Monday 2<sup>nd</sup> May 2022

**National Gardening Week** 

Monday 2<sup>nd</sup> May - Sunday 8<sup>th</sup> May 2022



#### **Home Learning**

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please email:

remotelearning@basildonacademies.org.uk

#### **Student Water Bottles**

Please encourage your child to bring their water bottle to school and should replacements be required, these can be purchased through your ParentPay account for just £1.



#### Student Value of the Term

## CLIMATE CHANGE IS REAL

#### Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 28th March.



Year 10 - Jeremy.H (10Y2)



Year 11 - Molly.C (11U1)



Sixth Form - Toby.H (1213)

#### Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link **www.escb.co.uk** which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonacademies.org.uk/safeguarding

#### **Free Online Counselling Service**

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).

#### House Points - Week Ending 1st April





Everyone spoken with agreed that relationships have improved and the headteacher said, "There have been fewer student incidents. We tell them we listen to them. They know the people they can go to around the school, they all have someone in the school they feel comfortable with, to sit and calm down."

#### **Absence Procedures**

To report a student absence please email:

#### attendance@basildonacademies.org.uk

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

## **Every School Day Counts**



## **Every Minute Counts**

#### **LATENESS = LOST LEARNING**

(Figures below are calculated over a school year)

| 5 Minutes late each day  | 3 days lost!   |  |
|--------------------------|----------------|--|
| 10 Minutes late each day | 6.5 days lost! |  |
| 15 Minutes late each day | 10 days lost!  |  |
| 20 Minutes late each day | 13 days lost!  |  |

#### **Spotlight on: Esports**



Do you enjoy gaming? Do you love the idea of competitive gaming and the challenge of difficult games? Would you like an understanding of how the professional Esports industry works? Perhaps you'd like a career as a professional gamer or to study Esports at university? Endorsed by The British Esports Association, the Level 3 National Extended Certificate in Esports will give you a solid foundation in understanding how the Esports industry works.

Equivalent to one A Level, and as part of our Esports pathway, this qualification can only be studied alongside two other qualifications worth 1.5 A Levels each, such IT or Computing.

Full course information can be found by visiting the following link on our website: Esports

Year 11 students wishing to join our Sixth Form can apply via the following link:

www.basildonacademies.org.uk/applytojoir

## School nurse drop-in



If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

#### **Upper Academy:**

Every Monday Breaktime Location: The Upper Academy Wellbeing Centre



#### **Upper Academy Intervention Programme**

|           | Lunch      | 3.30-4.30pm  |  |  |  |
|-----------|------------|--|--|--|--|
| Monday    | ➤ Homework | Higher Project Qualification (Invited students only) U1SC2 |  |  |  |
|           | Club U3GC3 | Year 10 and 11 Pomodoro (Silent Study) U3GC3               |  |  |  |
|           |            | ➤ SEN Revision Club SEN Room                               |  |  |  |
| Tuesday   | ➤ Homework | English Language Revision Club U1GS1                       |  |  |  |
|           | Club U3GC3 | English Literature Revision Club U1GS3                     |  |  |  |
|           |            | ➤ SEN Revision Club SEN Room                               |  |  |  |
| Wednesday | ➤ Homework | Foundation Science Revision Club U2GS2                     |  |  |  |
|           | Club U3GC3 | Higher Science Revision Club U2GS1                         |  |  |  |
|           |            | ➤ Aim Higher Options Club                                  |  |  |  |
|           |            | (Ask your options teachers for information)                |  |  |  |
|           |            | ➤ SEN Revision Club SEN Room                               |  |  |  |
| Thursday  | ➤ Homework | Foundation Maths Revision Club U3GS3                       |  |  |  |
|           | Club U3GC3 | Higher Maths Revision Club U3GC1                           |  |  |  |
|           |            | ➤ SEN Revision Club SEN Room                               |  |  |  |
| Friday    | ➤ Homework |  |  |  |  |
|           | Club U3GC3 |  |  |  |  |

#### #EveryMinuteCounts: Time - Place - Face

|    | LUNCH MENU WEEK 1           |  |  |  |  |   |
|----|-----------------------------|--|--|--|--|---|
|    | Basildon<br>academies       | Monday   | Tuesday  | Wednesday  | Thursday                                       | Friday  |
|    | Main Meal Option 1          | <b>Meat Free Monday</b><br>Quorn Sausage Toad in the<br>Hole | <b>Mexican Tuesday</b><br>Mexican Chicken Bun            | American Wednesday<br>BBQ Chicken                            | <b>Spanish Thursday</b><br>Chicken Paella      | Fish Friday<br>Fish Finger Sub with Lettu<br>& Mayo |
|    | Main Meal Option2           | Vegetable Pasta Bake   | Meatballs  | Sweet Chilli Dogs  | Cajun Chicken Wrap                             | BBQ Chicken Wings                                   |
| Ve | egetarian Meal Option 1     | Veggie Wrap  | Quorn Meatballs  | BBQ Quorn Chicken  | Cajun Vegetable Wrap                           | Savoury Rice Pot                                    |
| Ve | egetarian Meal Option 2     | Creamy Leek & Potato Pie                                     | Spicy Bean Burger  | Sweet Chilli Quorn Dog                                       | Vegetable Paella                               | Vegetable Finger Sub wit<br>Lettuce & Mayo          |
|    | On the Side                 | Garlic Bread<br>Freshly Prepared Coleslaw<br>Mash<br>Peas    | Mexican Potatoes<br>Mexican Style Corn<br>Salad<br>Pasta | BBQ Baked Beans<br>Cajun Wedges<br>Freshly Prepared Coleslaw | Spanish Pasta Salad                            | Skin-on Wedges<br>Sweetcorn                         |
|    | Pasta King Pot              | Chinese Vegetable Curry<br>Veggie Bolognese                  | Amigo Meatballs<br>Arrabbiata                            | Sweet Chilli Chicken<br>Italian Mushroom                     | Spicy Sausage<br>Zingy Peppers                 | Texan BBQ Meatballs<br>Tomato & Mascarpone          |
|    | Oven Baked<br>Jacket Potato | <b>Toppings</b><br>Baked Beans<br>Cheese                     | <b>Toppings</b><br>Chilli<br>Baked Beans<br>Cheese       | <b>Toppings</b><br>Tuna Mayonnaise<br>Baked Beans<br>Cheese  | <b>Toppings</b><br>Spicy Baked Beans<br>Cheese | <b>Toppings</b><br>Baked Beans<br>Cheese            |
|    | Dessert                     | Summer Fruit Cheesecake                                      | Mexican Chocolate Pudding & Vanilla Ice Cream            | Key Lime Pie   | Churro's<br>Lemon Olive Cake                   | Carrot Square Cakes                                 |



### **BREAK MENU**



| Monday                    | Tuesday               | Wednesday Thursday                 |                       | Friday                    |  |
|---------------------------|-----------------------|------------------------------------|-----------------------|---------------------------|--|
| PK Pockets                | Chinese Chicken Wings | Sausage Roll<br>Vegan Sausage Roll | PK Pockets            | Egg & Bacon Muffin        |  |
| Cheese Toasted Sandwich   | Panini                | Nachos & Salsa                     | Pizza                 | Garlic Bread French Sick  |  |
| Ultimate Healthy Flapjack | Veggie Quesadilla     | Ultimate Healthy Flapjack          | Breakfast Roll-Up     | Ultimate Healthy Flapjack |  |
| Granola & Yoghurt Pot     | Granola & Yoghurt Pot | Granola & Yoghurt Pot              | Granola & Yoghurt Pot | Granola & Yoghurt Pot     |  |
| Fruit Pots                | Fruit Pots            | Fruit Pots                         | Fruit Pots            | Fruit Pots                |  |





