

Dates for the Diary

UK Parliament Week

Monday 6th - Sunday 12th November 2023

Armistice Day

Saturday 11th November 2023

Anti-Bullying Week

Monday 13th - Friday 17th November 2023

Year 11 Mock Exams

Monday 20th November - Friday 8th December 2023

Year 13 Mock Exams

Monday 4th - Friday 15th December 2023

Student Value of the Term

**NO HUMAN
IS ILLEGAL**

House Points - Week Ending 3rd November



5,650
ALI



5,392
SEACOLE



4,560
AUSTEN



4,163
HAWKING

Leadership Message

We are excited to share an update on our school's ongoing journey with the Unicef Rights Respecting School Award (RRSA) programme.

It is with immense pride to inform you that our school has held the esteemed GOLD status for over a year now, a testament to our sustained commitment to a nurturing an environment where every child's rights are not only recognised but also valued and protected.

The achievements we celebrate today wouldn't have been possible without the unwavering support from our entire school community, including students, parents, teachers and staff. Your dedication to creating a safe, inclusive, and respectful environment for all our children continues to inspire us.

In addition to this milestone, we are delighted to share that we received an overwhelming response from our students in their eagerness to be part of the RRSA Steering Group. More than 50 students applied to take on this vital role, showcasing their commitment towards advocating for the rights and well-being of their peers.

Due to the high level of interest and participation, we have expanded the Steering Group to include multiple groups. This step allows us to incorporate an even wider range of perspectives and ideas, further strengthening our efforts in promoting a rights-respecting culture within our school community.

As we embark on another year of this inspiring journey, we are filled with hope and anticipation for the continued positive impact our GOLD status and expanded Steering Group will have on the lives of our students.

We look forward to sharing more updates and initiatives with you in the coming months. Together, we can continue to foster a nurturing environment where every child's rights are cherished and upheld.

S.Knowles

Assistant Headteacher



Could you be a Parent Governor?

As we are a rapidly growing academy trust we have opportunities for new parent governors to join our team.

Becoming a Parent Governor offers you the opportunity to make a real contribution to the academy community and to work together with the academy leadership, staff and other governors.

If this opportunity is of interest then please apply via our website; www.basildonacademies.org.uk/governance-vacancies

The closing date for applications will be 3pm on Friday 24th November.

Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 30th October 2023.

- ★ Year 10 - Jack.F (R10Y2)
- ★ Year 11 - Olivia.O (R11U2)
- ★ Sixth Form - Abu Ali. O (R1213)

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

Student Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Wednesday
Breaktime

Location:
The Wellbeing Centre



Aspire - Believe - Achieve

Important Communication

On Monday 30th October, an important communication was sent home to our parents and carers via email. A copy of that email can be found by clicking on the following link: [Letter to Parents/Carers](#)

The schools support for mental health and wellbeing is well led and the school have invested significantly in training and additional staff within their wellbeing centres and wider pastoral teams over recent years to build capacity and expand what they can offer.



Wellbeing Award
for Schools

2022-2025

Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of blazers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.

Spotlight on: A Level Accounting



Accountancy can often be referred to as the 'language of business' because it is the accountants who translate how a business is performing for people like investors, managers and regulators.

This course encourages you to develop a knowledge and understanding of the purpose of accounting and its essential role in driving a business. Students will build knowledge and understanding of key concepts, principles and techniques that they can apply to real-life scenarios, developing the ability to solve problems logically, analyse data methodically, make reasoned choices and communicate effectively.

Full course information can be found by visiting the following link on our website: [A Level Accounting](#)

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

Walton-on-the-Naze Geography Field Trip

Year 11 Geographers recently enjoyed a field trip to Walton-on-the-Naze as part of their GCSE studies.

Students conducted fieldwork on the beach to examine coastal processes, followed by a visit to the town to assess economic activity. Research and evidence gained during the visit will be used towards the student's final examination grade.

"We spoke to residents and tourists to help gauge opinions of the local area. We learned that a new housing development is due to be built nearby." Reshiyanth.M

"Visiting the chip shop was a great way to finish off our visit." Bo-Starr.O

"We learned how to use different equipment to measure sections of the beach." Emanuela.T



Essex Youth Service

Last week, the Upper Academy welcomed George and Ellie from the Essex Youth Service, who spoke with our students about the services available to young people in the local area, including volunteering in community projects and access to youth clubs.

For more information about the support and services that EYS provide, please visit; <https://youth.essex.gov.uk/young-people/>



Free Fruit at Breaktime



Students can choose an item of fruit from the till area in the Dining Hall at breaktime each day.

Free Online Counselling Service

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.



- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

www.basildonupperacademy.org.uk/attendance

Categorising attendance and learning hours lost

Descriptor	Threshold attendance	Actual attendance (days)	Whole days absent	Lost learning hours	Level of concern
Excellent	100%	190	0	0	Green
	99%	188	2	10	
Good	98%	186	4	20	Green
	97%	184	6	30	
	96%	182.5	7.5	37.5	
Cause for concern	95%	180.5	9.5	47.5	Orange
	94%	179	11	55	
	93%	177	13	65	
	92%	175	15	75	
	91%	173	17	85	
Unsatisfactory	90%	171	19	95	Red
	89%	169	21	105	
	88%	167	23	115	
	87%	165	25	125	
	86%	163	27	135	
Critical	85%	161.5	28.5	142.5	Red
	84%	159.5	30.5	152.5	
	83%	158	32	160	
	82%	156	34	170	
	81%	154	36	180	
	80%	152	38	190	



TO COMMEMORATE ARMISTICE DAY
THE DINING HALL WILL BE SELLING A SELECTION
OF CAKES & BISCUITS FOR 50P EACH
ON FRIDAY 10TH NOVEMBER



ALL PROCEEDS WILL GO TO THE ROYAL BRITISH LEGION

Lest We Forget



BBC
**Children
in Need**



ON FRIDAY 17TH NOVEMBER THE DINING HALL WILL BE
SELLING A SELECTION OF CAKES & BISCUITS FOR 50P EACH.
ALL PROCEEDS WILL GO TO CHILDREN IN NEED.

Follow The Basildon Upper Academy on our social media channels



What to do

Advice on childhood illnesses



Go to school; if needed, get treatment as required



Some restrictions for school attendance



Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms		Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters		Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat		Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)		Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene*
German measles/Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards		GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before		GP	*
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)		GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)		Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness		GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash		GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty		Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm		GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash		GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus		Pharmacy	Ensure good hand hygiene
Tonsilitis/Strep throat	Intense sore throat for more than 1 day		Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'		GP	Exclusion period during first five days of antibiotics
Covid				Visit www.nhs.uk for latest guidance

*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Should my child go to school/nursery today?
Hertfordshire and West Essex Healthier Together for further information
<https://www.hwehealthiertogether.nhs.uk/parentscarers>

Working in partnership with

