

## Exam Ready Workshop

The Upper Academy recently welcomed Rachel from Resilient Me, who delivered an engaging 'Prepare to Pass' workshop to our Year 11 students in the lead up to their upcoming mock exams/GCSEs.

The session began with the topic of self-belief and examining students' own reasons for wanting success in their exams. That was followed by a comprehensive set of world-class revision techniques including a toolkit that guarantees to offer something to suit everyone.

"I loved the experience; it was very liberating and expressive. It taught me a lot that I need to know to be exam ready." **Jayden.L – Year 11**

"The workshop provided a creative way to remember what I learn when I revise, which will help me pass my exams. It was very fun and interactive." **Kaidi.R – Year 11**



## Prevention Over Cure Assembly

Last week, Year 10 and Year 11 students attended 'Prevention Over Cure' assemblies delivered by Anton & Joshua from Educe. The aim of the assemblies was to raise awareness of CSE, CCE & gang culture in which our guests talked about their personal experiences.

"The assembly was really interesting. I learned about how people are enticed into gangs at a young age." **Sonny.J - Year 10**

"Anton and Joshua gave us some really important advice during the assembly; 'Don't carry guilt with you' and 'If you need help, speak to someone.'" **Olivia.H - Year 10**



## Dates for the Diary

### Year 11 & Year 13 Mock Exams

Monday 28<sup>th</sup> November - Friday 16<sup>th</sup> December 2022

### Christmas Dinner (Free for all students)

Thursday 15<sup>th</sup> December 2022

### Winter Wonderland Christmas Concert - Basildon Lower Academy

Thursday 15<sup>th</sup> December 2022 - 3:30-5pm

### Non-uniform/Christmas Jumper Day

Friday 16<sup>th</sup> December 2022

### Last Day of Autumn Term

Friday 16<sup>th</sup> December 2022 - *Students finish at 12:30pm*

### First Day of Spring Term

Thursday 5<sup>th</sup> January 2023

### Year 10 & Year 12 Assessments

Monday 16<sup>th</sup> - Friday 20<sup>th</sup> January 2023

## Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 21<sup>st</sup> November 2022.

- ★ Year 10 - Poppy.A (R10E1)
- ★ Year 11 - Meerab.R (R11E2)
- ★ Sixth Form - Savannah.C (R1213)

## Student Value of the Term

**NO HUMAN  
IS ILLEGAL**

## UK Senior Maths Challenge

Well done to our A level Maths students who recently participated in the UK Senior Maths Challenge. The national challenge encourages mathematical reasoning, precision of thought and fluency in using basic mathematical techniques to solve interesting problems.

The students achieved 3 bronze awards and 5 recognition of participation awards. Leo.B won an additional award for 'Best in School'.

"Congratulations to them all for showing resilience in taking on this challenge. We're all very proud of them." S.Bukwirwa, Deputy Head of Maths – Key Stage 5 Lead.

Award winners: Asmeer.J, Dhruvika.P, Isa.S, Leo.B, Muneeb.A, Rhoda.A, Rudhrika.P and Zainab.A.



## Year 11 Sixth Form Applications

Some of our most popular options already have waiting lists for Sixth Form 2023-2024. Year 11 students need to ensure they have their application form in this half term to guarantee them a space, as we will be starting to allocate groups after the Christmas break.

Please do not hesitate to visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Sixth Form if you need any advice or guidance on how to apply.

Sixth Form Course Information can be found by visiting: [www.basildonupperacademy.org.uk/course-information](http://www.basildonupperacademy.org.uk/course-information)



## Year 10 Work Experience

After 3 years of disruption due to the pandemic, we are excited to have Year 10 work experience planning well underway. Year 10 students will be off site from Monday 24<sup>th</sup> April – Friday 5<sup>th</sup> May 2023 on work experience placements. Please encourage conversations at home about where students would like to do their work placements. If you need advice on how and where to source appropriate placements, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



## Assessment Point Dates

- Year 11 & 13 – 28th November to 16th December 2022
- Year 10 & 12 – w/c 16th January 2023

These assessment points are crucial in helping us to support students in closing any learning gaps, providing stretch and challenge as well as preparing our Upper Academy students for their upcoming public examinations. Please contact our Quality of Education team if you need any advice on how to support home learning in the lead up to these assessments, via the [Contact Us](#) page found on the Basildon Upper Academy website and select the option for Home Learning/Homework.

## Free Online Counselling Service

[www.kooth.com](http://www.kooth.com) is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



All students and adults spoken with demonstrated a good understanding of children's rights and are clear about the key characteristics underpinning rights such as universality and indivisibility. They explained that rights can't be taken away and you don't have to earn them, "Knowing your rights means that if any of your rights are violated, you are in a position to do something about it." explained one student.

Unicef RRSB Accreditation Report Gold: Rights Aware - July 2022

## School nurse drop-in



If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Wednesday Breaktime, Location: The Upper Academy Wellbeing Centre

## House Points - Week Ending 25<sup>th</sup> November



There has been a heavy emphasis on the training and development of staff to support them in supporting students. Examples of this include extensive whole staff training in Trauma Perceptive Practice (TPP) and ensuring all key pastoral staff are mental health first aid trained to enable them to triage student need effectively.



## SEND Department Coffee Mornings Every Wednesday 8.45am – 9.45am

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss your child's progress. Coffee mornings are held at the Upper Academy from 8.45am - 9.45am every Wednesday.

To book an appointment please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



## Spotlight on: A Level Sociology



Do you have an interest in other peoples lives, attitudes and behaviour, and are open to having your own ideas challenged, or challenging the ideas of others? Then this course could be for you. Sociology is a wide-ranging subject involving many areas of social life, including: families and households, education, mass media and crime and deviance research methods. To enjoy sociology you need to be interested in the world around you and have an open, enquiring mind.

Full course information can be found by visiting the following link on our website: [A Level Sociology](#)

Year 11 students wishing to join our Sixth Form can apply via the following link: [Apply to join](#)

## Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link [www.escb.co.uk](http://www.escb.co.uk) which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

[www.basildonupperacademy.org.uk/safeguarding](http://www.basildonupperacademy.org.uk/safeguarding)

## Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



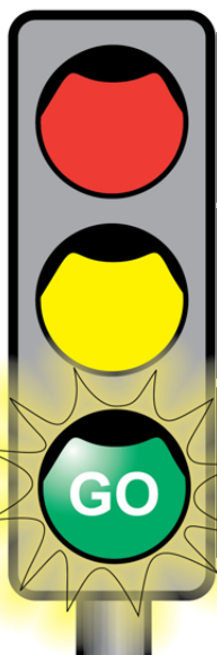
## Attendance Expectations

There is a clear link between academic success and attendance and as such our expectations for attendance are that:

- Parents have a legal duty to ensure their child attends regularly.
- Students should have 100% attendance each year.  
Students with attendance below 95% are of concern.

# ATTENDANCE

*Every Minute Counts!*



**89% & below**

*Drastic effect on academic achievement*

**95-90%**

*Less chance of success. Harder to make progress*

**100-96%**

*Good chance of success and progress*

### Absence from school

Children are required by law to attend school 190 days per year. The government states that every child's attendance should be above 95%.

### How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

## Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

[www.basildonupperacademy.org.uk/attendance](http://www.basildonupperacademy.org.uk/attendance)



# English Breakfast Day Friday 2<sup>nd</sup> December

To celebrate English Breakfast Day the Dining Hall will be serving All Day Breakfasts as the **free lunch main meal option** on Friday 2<sup>nd</sup> December



A free school lunch is a hot meal or sandwich/bagette/roll & a dessert



Vegetarian option



## Upper Academy Breakfast Menu

Egg on Toast .....	50p
Egg Roll .....	50p
Omelette .....	50p
Porridge .....	75p
Coffee .....	30p
Hot Chocolate .....	30p
Tea .....	30p

Our Upper Academy Breakfast Menu is available Monday - Friday from 7:30 - 9:15am.

**Aspire - Believe - Achieve**



**Christmas Dinner**  
**Thursday 15<sup>th</sup> December**

**Main Meal**

**Roast Turkey & Pigs in Blankets**  
or  
**Quorn Roast**

Served with: Roast Potatoes, Carrots, Peas,  
Brussel Sprouts, Yorkshire Puddings,  
Stuffing & Gravy

**Dessert Options**

**Christmas Pudding**  
**Mincemeat Slice**  
**Chocolate Crackle Pudding**  
**Meringue Snowmen**  
**Trifle**

Christmas Dinner comes with fresh  
fruit juice & a Christmas Cracker

Christmas Dinner is free for all of our students