Year Ten Life Beyond School – Living in the wider world  Critical thinking and fake news  What is equality and equity  Hate crimes  Rights and responsibilities in the workplace  Dangers of Al and Cybercrime	Year Ten Health and Wellbeing – Mental Health  • Body Image and Eating disorder  • Cancer and self- examination (Breast/Cervical/Te sticular)  • Organ and blood donation  • Combatting Loneliness  • What is social anxiety and how do we manage it?	Year Ten Relationships and Sex education — Relationships • Domestic abuse and violence • Gaslighting and emotional abuse • Divorce separation and Loss • Parenthood Adoption and Fostering • Sexualisation	Year Ten Relationships and Sex education – Sex Education	Year Ten Staying Safe Online – Violence, Crimes and seeking safety • Forced marriages • Modern day slavery • Preventing knife crime • Gambling explored • The dangers of Nitrous Oxide • Pornography	Year Ten Celebrating Diversity and Equality — Exploring World Issues  • White privilege • International organisations and Aid • Peace, War and conflict • Fairtrade • Women's rights • #MeToo • LGBT Rights
		<ul><li>Sexualisation of the media</li><li>Stalking and Harassment</li></ul>	Morals/Laws and Thoughts	<ul><li>Pornography deepfakes and sextortion</li></ul>	

• Marriage

ear Eleven	Year Eleven	Year Eleven	Year Eleven	Year Eleven
Health and Wellbeing –	Relationships	Staying Safe Online	Exam Season	Exam Season
Mental Health	and Sex	<ul><li>Preparing for</li></ul>		
Screen time and safe	education – Sex	Adulthood		
mobile phone use	Education	Brain		
Unwanted, fixed and obsessive behaviours Self harm and suicide support Neurodiversity Explained Emotional support Sugar processed food and disease.	<ul> <li>Respect,         consent and         positive         relationships</li> <li>Love and         abuse</li> <li>Sexual health         and STIs</li> <li>The role of         pleasure</li> <li>Contraception</li> <li>Menstrual and         gynaecological         health</li> <li>Why is fertility</li> </ul>	Development Through Life Sexualisation in the media Gambling awareness Personal safety being safe on the streets Online Dating		
1 V	lealth and Wellbeing – Mental Health  Screen time and safe mobile phone use Unwanted, fixed and obsessive behaviours Self harm and suicide support Neurodiversity Explained Emotional support Sugar processed food	Relationships and Sex General Health Screen time and safe mobile phone use Unwanted, fixed and obsessive behaviours Self harm and suicide support Neurodiversity Explained Emotional support Sugar processed food and disease.  Relationships and Sex education  Respect, consent and positive relationships  Love and abuse  Sexual health and STIs  The role of pleasure  Contraception  Menstrual and gynaecological health	Relationships and Sex Screen time and safe mobile phone use Unwanted, fixed and obsessive behaviours Self harm and suicide support Neurodiversity Explained Emotional support Sugar processed food and disease.  Relationships and Sex education  Respect, consent and positive relationships  Love and abuse Sex Education  Respect, consent and positive relationships  Love and abuse Sex Sexualisation in the media Gambling awareness  Personal safety being safe on the streets  Online Dating	Relationships and Sex education – Sex Education   Preparing for Adulthood   Preparing for Adul

## **Year 10 Tutor Time**

Term	Wellbeing Wednesday	Future Friday	
1	HWB: NHS Survey and Coping	LBS: Developing Transferable Skills	
	Mechanisms		
2	HWB: Bite Back Campaign	LBS: Pathways to careers	
3	LBS: Managing revision	CDE: Planning for the cultural fair	
4	HWB: Healthy mind healthy life	LBS: Financial wellbeing and work	
		experience	
5	SSO: Climate change what can we do?	RBV: The Fundamental British Values	
6	SSO: Current Affairs	LBS: How to be an entrepreneur	

## **Year 11 Tutor Time**

Term	Wellbeing Wednesday	Future Friday
1	HWB: NHS Survey and Coping Mechanisms	LBS: Post 16 Destinations
2	LBS/HWB: Revision Strategies	LBS: CV and Interview Skills
3	CDE: How the UK is diverse and developing	CDE: Planning for the cultural fair
4	HWB: Mindfulness	LBS: Developing transferable skills
5	SSO: Current Affairs	RBV: Debate and discussion
6	LBS: Revision	LBS: Revision