

## Dates for the Diary

### Year 10 & Year 12 Assessments

Monday 16<sup>th</sup> - Friday 20<sup>th</sup> January 2023

### Veganuary

January 2023

### Martin Luther King Day

Monday 16<sup>th</sup> January 2023

### Chinese New Year

Sunday 22<sup>nd</sup> January 2023

### Holocaust Memorial Day

Friday 27<sup>th</sup> January 2023

### Year 11 & 13 Progress Review Event

Wednesday 1<sup>st</sup> February 2023 - 3:30-6:30pm

### Children's Mental Health Week

Monday 6<sup>th</sup> - Sunday 12<sup>th</sup> February 2023

## Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 9<sup>th</sup> January 2023.



Year 10 - Lily.B (R10Z1)



Year 11 - Reggie.K (R11Z1)



Sixth Form - Molly.J (R1213)

## Student Value of the Term

**KINDNESS IS  
EVERYTHING**

## Wellbeing Centre

The Upper Academy Wellbeing Centre offers support for our students in times of need. Dealing with your own issues such as anxiety, mental health, wellbeing, self-regulation, or bereavement can be a barrier to success. Our Wellbeing Centre aims to ensure you are not alone.

The Upper Academy Wellbeing Centre is a safety net for students who are not currently able to engage with lessons fully, and offers short and long-term interventions that are flexible for all.

If you have any concerns regarding your child's mental health please submit your information via the [Contact Us](#) page on the Basildon Upper Academy website, making sure to select the 'Wellbeing Centre' option.

For further information visit: [www.basildonupperacademy.org.uk/wellbeing-centre](http://www.basildonupperacademy.org.uk/wellbeing-centre)



## SEND Department Coffee Mornings

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss your child's progress. Coffee mornings are held at the Upper Academy from 8.45am - 9.45am every Wednesday.

To book an appointment please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



**WHY NOT TRY  
VEGAN THIS MONTH**



For more information about Veganuary visit: [www.veganuary.com](http://www.veganuary.com)

## Cost of Living Information

The Cost of Living Parent Factsheet recently sent to our parents & carers is available to download on our website:

[www.basildonupperacademy.org.uk/cost-of-living-information](http://www.basildonupperacademy.org.uk/cost-of-living-information)

The factsheet details information of what support is available to help parents/carers & their families get through the cost-of-living crisis.

## Important Announcement Regarding Social Media

Following the Basildon Academies Trust move to separate The Upper and Lower Academy websites, we are delighted to announce our new social media platforms for the Upper Academy.



Facebook: [www.facebook.com/basildonupperacademy/](http://www.facebook.com/basildonupperacademy/)



Instagram: [www.instagram.com/the\\_basildon\\_upper\\_academy/](http://www.instagram.com/the_basildon_upper_academy/)



Twitter: [https://twitter.com/Basildon\\_UA](https://twitter.com/Basildon_UA)

This change has been made to further enhance communication and visibility for all stakeholders. Please note our existing Basildon Academies Facebook, Instagram and Twitter platforms will cease to operate 31<sup>st</sup> January 2023.

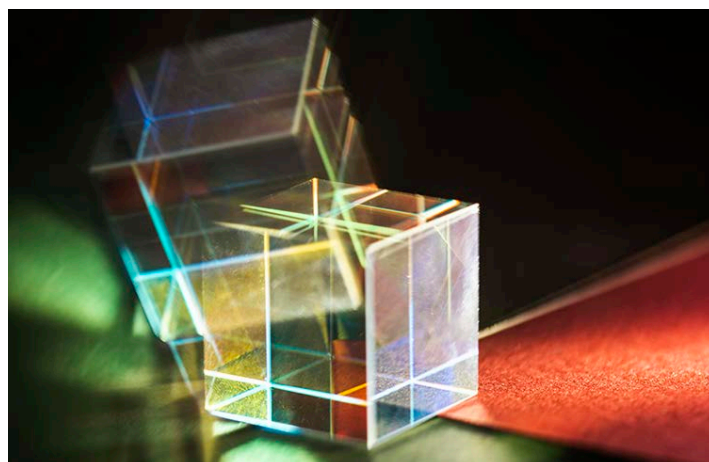
## School nurse drop-in



If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Wednesday Breaktime, Location: The Upper Academy Wellbeing Centre

## Spotlight on: A Level Physics



The goal of physics is to understand how things work from first principles. It reveals the mathematical beauty of the universe at scales ranging from subatomic to cosmological. Physics is an exciting and challenging subject that will help you to build up your problemsolving, research and analytical skills. It is concerned with the nature and properties of matter and energy including: mechanics, heat, light and other radiation, sound, electricity, magnetism, the structure of the atom and the physical nature of the universe.

Full course information can be found by visiting the following link on our website: [A Level Physics](#)

Year 11 students wishing to join our Sixth Form can apply via the following link: [Apply to join](#)

## House Points - Week Ending 13<sup>th</sup> January

19,217 HAWKING	18,760 AUSTEN	18,700 ALI	18,256 SEACOLE

Aspire - Believe - Achieve

Young people show agency in accessing their right to learn. They discussed that teachers involve them in their learning in a range of ways and that peer support is important to their learning. One group described a structured system for seeking help: Book – Board – Friend – Teacher.

Unicef RRS Accreditation Report Gold: Rights Aware - July 2022

Student leadership has been developed through roles such as school nurse champions and respect champions (previously anti bullying ambassadors). These students are passionate about their roles and keen to ensure they work in a joined-up way to support their peers.



Wellbeing Award for Schools

2022-2025

## Year 11 Sixth Form Applications

Some of our most popular options already have waiting lists for Sixth Form 2023-2024. Year 11 students need to ensure they have their application form in this half term to guarantee them a space, as we will be starting to allocate groups in January.

Please do not hesitate to visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Sixth Form if you need any advice or guidance on how to apply.

Sixth Form Course Information can be found by visiting: [www.basildonupperacademy.org.uk/course-information](http://www.basildonupperacademy.org.uk/course-information)

To apply to join our Sixth Form visit: [basixthform.applicaa.com/year12](http://basixthform.applicaa.com/year12)



## Year 10 Work Experience

After 3 years of disruption due to the pandemic, we are excited to have Year 10 work experience planning well underway. Year 10 students will be off site from Monday 24<sup>th</sup> April – Friday 5<sup>th</sup> May 2023 on work experience placements. Please encourage conversations at home about where students would like to do their work placements. If you need advice on how and where to source appropriate placements, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



## Assessment Point Dates

- Year 10 & 12 – w/c 16th January 2023

These assessment points are crucial in helping us to support students in closing any learning gaps, providing stretch and challenge as well as preparing our Upper Academy students for their upcoming public examinations. Please contact our Quality of Education team if you need any advice on how to support home learning in the lead up to these assessments, via the [Contact Us](#) page found on the Basildon Upper Academy website and select the option for Home Learning/ Homework.

## Free Online Counselling Service

[www.kooth.com](http://www.kooth.com) is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



## Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link [www.escb.co.uk](http://www.escb.co.uk) which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

[www.basildonupperacademy.org.uk/safeguarding](http://www.basildonupperacademy.org.uk/safeguarding)

## Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

# Aspire - Believe - Achieve

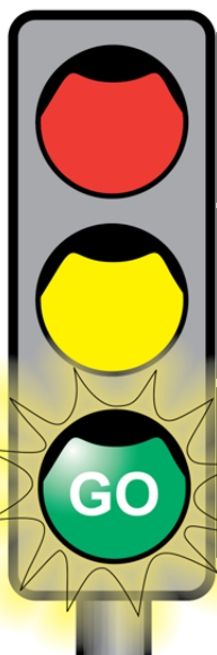
## Attendance Expectations

There is a clear link between academic success and attendance and as such our expectations for attendance are that:

- Parents have a legal duty to ensure their child attends regularly.
- Students should have 100% attendance each year.  
Students with attendance below 95% are of concern.

# ATTENDANCE

*Every Minute Counts!*



**89% & below**

*Drastic effect on academic achievement*

**95-90%**

*Less chance of success. Harder to make progress*

**100-96%**

*Good chance of success and progress*

### Absence from school

Children are required by law to attend school 190 days per year. The government states that every child's attendance should be above 95%.

### How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

## Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

[www.basildonupperacademy.org.uk/attendance](http://www.basildonupperacademy.org.uk/attendance)

# National Online Safety

The online world is posing an ever-increasing risk to children, and it is important that schools, parents and carers work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.

We are therefore delighted to announce that we have shown our commitment to protecting students online by working with National Online Safety- providing resources for all parents and carers. The resources include Parents & Carers courses, online video resources and weekly guides covering a huge range of topics, including:

- Online Relationships
- Fake Profiles & Social Bots
- Online Bullying
- Online Grooming
- Child Sexual Exploitation
- Sexual Harassment & Violence
- Sexting
- Live Streaming
- Online Identity
- Screen Addiction
- Online Challenges
- Overspending
- Social Media Platforms
- Online Gambling
- Radicalisation, Terrorism & Extremism
- Age Inappropriate Content
- Copyright & Ownership
- Hacking
- Fake News
- Online Fraud
- Online Reputation
- Personal Data
- Pornography
- Targeted Adverts & Pop-Ups
- The Dark Web
- Games & Trends



National  
Online  
Safety®

## Download your Free Online Safety App for Parents & Carers

**Be #OnlineSafetySavvy**

Keep up with the latest apps games and tech your children are using, with the worlds most comprehensive online safety app for parents.

To create your account, please follow <https://nationalonlinesafety.com/enrol/basildon-academies> and complete your details. When you're set up, you'll be able to set 'Parent/Carer' as your user type.

You can access National Online Safety online via any device- including via the brand-new smartphone app.

To download the app, please go to:

<https://apps.apple.com/gb/app/national-online-safety/id1530342372>

<https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos>

**Join us & try vegan food this January**



**Throughout January the Dining Hall will be serving a vegan dish everyday.**

## **Free school lunch for all students**

**We are delighted to announce that a free lunch  
will be available to all students every Monday & Friday  
between now & February Half Term 2023**

**A free school lunch is a hot meal or sandwich/baguette/roll and a dessert**

**Aspire - Believe - Achieve**

# HAPPY CHINESE NEW YEAR

YEAR OF THE RABBIT

To celebrate Chinese New Year there will be Chinese themed lunches available in The Dining Hall on Monday 23rd January



## Upper Academy Breakfast Menu

Egg on Toast .....	50p
Egg Roll .....	50p
Omelette .....	50p
Porridge .....	75p
Coffee .....	30p
Hot Chocolate .....	30p
Tea .....	30p

Our Upper Academy Breakfast Menu is available  
Monday - Friday from 7:30 - 9:15am.