

The Basildon Upper Academy Newsletter

21st March 2022

Dates for the Diary

Year 11 & Year 13 Mock ExamsMonday 14th - Friday 25th March 2022



World Poetry Day
Monday 21st March 2022

Staff Inset - Non Student Day

Easter Holidays

Friday 1st April 2022

Monday 4th April - Monday 18th April 2022

First Day of Summer Term Tuesday 19th April 2022

Year 10 & Year 11 Immunisation Catch-ups

Tuesday 19th April 2022

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please email:

remotelearning@basildonacademies.org.uk

Student Water Bottles

Please encourage your child to bring their water bottle to school and should replacements be required, these can be purchased through your ParentPay account for just £1.



Student Value of the Term

WOMEN'S RIGHTS ARE HUMAN RIGHTS

Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 14th March.



Year 10 - Erikas.M (10U2)



Year 11 - Jayden.V (11U2)



Sixth Form - Marzana.A (1213)

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link **www.escb.co.uk** which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonacademies.org.uk/safeguarding

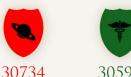
Free Online Counselling Service

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).

House Points - Week Ending 18th March





30599 SEACOLE



29874



29725 AUSTEN



Students learn about rights in assemblies each week but also link their learning to rights within lessons, particularly PSHRE lessons, and across a range of subjects. One student said, "Teachers do assemblies on different movements like Black Lives Matter to make us aware of rights," and, "We link to rights across the curriculum; in Geography we linked migration to the fact that no human is illegal, in English Year 10 are doing Macbeth and there's lots linked to how women are treated and stereotypes in society.

Absence Procedures

To report a student absence please email:

attendance@basildonacademies.org.uk

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

Every School Day Counts



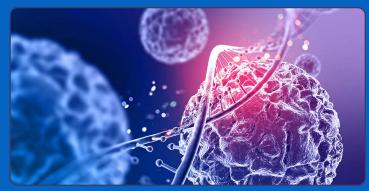
Every Minute Counts

LATENESS = LOST LEARNING

(Figures below are calculated over a school year)

5 Minutes late each day	3 days lost!		
10 Minutes late each day	6.5 days lost!		
15 Minutes late each day	10 days lost!		
20 Minutes late each day	13 days lost!		

Spotlight on: Biology



Biology is at the forefront of some of the exciting and controversial issues in the news today. Publicity surrounding genetic engineering, environmental and medical developments have highlighted the need for an understanding of such issues. Biology is a very popular and valuable subject at A-Level; it involves the development of understanding and techniques that are highly sort after by Further Education and employers.

By exploring the complexities and wonders of nature you will find a whole world of employment awaits you in fields such as medicine, genetics, biochemistry, ecology, agriculture, forensics, law, botany and veterinary medicine.

Full course information can be found by visiting the following link on our website: Biology

Year 11 students wishing to join our Sixth Form can apply via the following link:

www.basildonacademies.org.uk/applytojoir

School nurse drop-in



If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Upper Academy:

Every Monday Breaktime Location: The Upper Acadedmy Medical Room



Upper Academy Intervention Programme

	Lunch	3.30-4.30pm			
Monday	➤ Homework	Higher Project Qualification (Invited students only) U1SC2			
	Club U3GC3	Year 10 and 11 Pomodoro (Silent Study) U3GC3			
		➤ SEN Revision Club SEN Room			
Tuesday	➤ Homework	English Language Revision Club U1GS1			
	Club U3GC3	English Literature Revision Club U1GS3			
		➤ SEN Revision Club SEN Room			
Wednesday	➤ Homework	➤ Foundation Science Revision Club U2GS2			
	Club U3GC3	Higher Science Revision Club U2GS1			
		➤ Aim Higher Options Club			
		(Ask your options teachers for information)			
		➤ SEN Revision Club SEN Room			
Thursday	➤ Homework	Foundation Maths Revision Club U3GS3			
	Club U3GC3	Higher Maths Revision Club U3GC1			
		➤ SEN Revision Club SEN Room			
Friday	➤ Homework				
	Club U3GC3				

#EveryMinuteCounts: Time - Place - Face

	LUNCH MENU WEEK 1					
BASILDON ACADEMIES	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Meal	Meat Free Monday Quorn Sausage Toad in the Hole	Mexican Tuesday Chilli Con Carne	Roast Wednesday Chicken & Stuffing Bap	Spanish Thursday Chicken Paella	Fish Friday Fish Finger Sub with Lettuce & Mayo	
Vegetarian Meal	Stuffed Peppers	Quorn Vegetable Chilli	Quorn Roast with Sage & Onion Bap	Vegetable Paella	Vegetable Finger Sub with Lettuce & Mayo	
On the Side	Garlic Bread Freshly Prepared Coleslaw	Tacos Brown Rice	Roast Potatoes Fresh Vegetables	Spanish Pasta Salad	Sweet Potato Fries Sweetcorn	
Pizza	Thin Crust Pizza Slice 5 a day Pizza	French Stick Pizza Margherita Hawaiian	Mini Pizza Muffins Four Cheese Meat Feast	Thin Crust Pizza Slice Farmhouse Veggie Sizzler	Pitta Pizza Ham & Cheese Pepper Trio	
Pasta King Pot	Italian Mushroom Zingy Peppers	Chicken Korma Chinese Veg Curry	Piri Piri Chicken Arrabiata	Spicy Sausage Carbonara	Sweet Chilli Chicken Tomato & Mascarpone	
Oven Baked Jacket Potato	Toppings Baked Beans Cheese	Toppings Chilli Baked Beans Cheese	Toppings Tuna Mayonnaise Baked Beans Cheese	Toppings Spicy Baked Beans Cheese	Toppings Baked Beans Cheese	
Food to Go	Sweetcorn Fritters Noodle Pot	Nachos with Salsa & Melted Cheese Sweet Potato Tots	Sausage Roll Vegan Sausage Roll Roast Potatoes	Chicken & Roasted Veg Panini Vegetable Paella Cakes	BBQ Chicken Wings Savory Rice Pot	
Dessert	Banana & Coconut Cake with Custard	Mexican Chocolate Pudding & Vanilla Ice Cream	Oaty Fruit Crunch with Custard or Ice Cream	Churro's Lemon Olive Cake	Carrot Square Cakes	
	Main Meal Vegetarian Meal On the Side Pizza Pasta King Pot Oven Baked Jacket Potato Food to Go	Monday Meat Free Monday Quorn Sausage Toad in the Hole Vegetarian Meal On the Side Freshly Prepared Coleslaw Thin Crust Pizza Slice 5 a day Pizza Pasta King Pot Italian Mushroom Zingy Peppers Oven Baked Jacket Potato Food to Go Sweetcorn Fritters Noodle Pot Banana & Coconut Cake	Meat Free Monday Quorn Sausage Toad in the Hole Vegetarian Meal Stuffed Peppers Quorn Vegetable Chilli On the Side Freshly Prepared Coleslaw Thin Crust Pizza Slice 5 a day Pizza Pizza Thin Crust Pizza Slice 5 a day Pizza Margherita Hawaiian Pasta King Pot Italian Mushroom Zingy Peppers Chicken Korma Chinese Veg Curry Toppings Baked Beans Cheese Food to Go Sweetcorn Fritters Noodle Pot Nachos with Salsa & Melted Cheese Sweet Potato Tots Mexican Tuesday Mexican Tuesday Chilli Bacos Brown Rice French Stick Pizza Margherita Hawaiian Chicken Korma Chinese Veg Curry Toppings Baked Beans Cheese Nachos with Salsa & Melted Cheese Sweet Potato Tots Mexican Chocolate Pudding	Main Meal Meat Free Monday Quorn Sausage Toad in the Hole Stuffed Peppers On the Side Pizza Thin Crust Pizza Slice 5 a day Pizza Pasta King Pot Italian Mushroom Zingy Peppers Cheese Toppings Baked Beans Cheese Food to Go Sweetcorn Fritters Noodle Pot Mexican Tuesday Chicken & Stuffing Bap Roast Wednesday Chicken & Stuffing Bap Roast Wednesday Chicken & Stuffing Bap Roast Wednesday Chicken & Stuffing Bap Roast Potatoes Roast Potatoes Fresh Vegetables Roast Potatoes Fresh Vegetables Mini Pizza Muffins Four Cheese Meat Feast Mini Pizza Muffins Four Cheese Meat Feast Mini Pizza Muffins Four Cheese Meat Feast Toppings Chilli Baked Beans Chinese Veg Curry Toppings Toppings Toppings Toppings Tuna Mayonnaise Baked Beans Cheese Cheese Sweet Potato Tots Nachos with Salsa & Melted Cheese Sweet Potato Tots Mexican Chocolate Pudding & Vanilla lice Cream Oaty Fruit Crunch with Custard or ice Cream Custard or ice Cream	Main Meal Meat Free Monday Quorn Sausage Toad in the Hole Vegetarian Meal On the Side Garlic Bread Freshly Prepared Coleslaw Thin Crust Pizza Slice 5 a day Pizza Pasta King Pot Toppings Baked Beans Cheese Food to Go Sweetcorn Fritters Noodle Pot Dessert Monday Mexican Tuesday Chillicon Carne Roast Wednesday Chicken & Stuffing Bap Chicken Paella Quorn Roast with Sage & Onion Bap Vegetable Paella Quorn Roast with Sage & Onion Bap Vegetable Paella Roast Potatoes Fresh Vegetables Spanish Pasta Salad French Stick Pizza Margherita Meat Feast Veggie Sizzler Thin Crust Pizza Slice Farmhouse Veggie Sizzler Piri Piri Chicken Arrabiata Toppings Tuna Mayonnaise Baked Beans Cheese Cheese Toppings Spicy Sausage Carbonara Toppings Spicy Baked Beans Cheese Cheese Cheese Cheese Toppings Sweet Potato Tots Mexican Chocolate Pudding & Vanillalice Cream Churro's Lemon Olive Cake	Monday Mexican Tuesday Mexican Tuesday Roast Wednesday Chicken Wings Chicken Roast Wednesday Chicken Roast Wednesday Chicken Wings Chicken Roast Wednesday Chicken Roast Wednesday Chicken Wings Chicken Wings Chicken Roast Wednesday Chicken Wings Chicken Roast Wednesday Chicken Roast Wednesday Chicken Wings Chicken Roast Wednesday



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