

# The Basildon Upper Academy Newsletter

29th April 2024

#### **Dates for the Diary**

**Year 10 Work Experience** Monday 22<sup>nd</sup> April - Friday 3<sup>rd</sup> May 2024

**Bank Holiday** Monday 6<sup>th</sup> May 2024

**Half Term** 

Monday 27th - Friday 31st May 2024

**Year 10 & Year 12 AP2 Assessments** Monday 24<sup>th</sup> - Friday 28<sup>th</sup> June 2024

**Year 11 Prom** Friday 28<sup>th</sup> June 2024 - 5.30pm-10pm

#### Student Value of the Term

## CLIMATE CHANGE IS REAL

#### House Points - Week Ending 26th April



#### Leadership Message - Wellbeing & Safeguarding

We are fast approaching a time which, for many of our students will bring additional stress and anxiety around exams and for the adults around them, lots of questions about how best to support them. <a href="www.kooth.com">www.kooth.com</a> counselling and <a href="www.kooth.com">NHS Better</a> Health Every Mind Matters offer lots of advice, tips and guidance.

If students would prefer a face-to-face conversation, our School Nurse holds a drop-in session, every Wednesday break time, in the medical room at the Upper Academy. Reception can direct students if they are unsure where to go.

I would like to take this opportunity to share the exciting news that we have an additional member of staff joining our safeguarding team. S.Harper-Penman joins the team as our Deputy Designated Safeguarding Lead.

**Coping with Exam Stress** 

Take a break. Mapping out your studies.

Taking a moment. Taking care of your needs.

Switching off. Moving your Body.

Talking about what's on your mind.

Positive affirmations. Journaling and music.

S.O'Neill - Designated Safeguarding Lead & Senior Student Development Lead



S O'Neill Designated Safeguarding Lead



S Harper-Penman
Deputy Designated Safeguarding Lead



V Oddy
Designated Safeguarding Lead
for Enhanced Provisions



J Stoddart Deputy Designated Safeguarding Lead for Enhanced Provisions

#### **Year 11 Drop Down Week Boosts Student Confidence for Summer Exams**

Last week, Year 11 students participated in a series of engaging drop-down sessions designed to prepare them for their upcoming summer exams.

Being able to devote whole days to different subjects allowed teachers to group students according to their specific gaps in understanding and, provide targeted support. It has meant that teachers focused in more depth on the key skills students need for exam success in English, Maths and Science.

The bootcamp style sessions also gave our learners the opportunity to work with, learn from and support students from different classes.

Throughout the week, small groups of students worked with external tutors from PET-Xi, who used a unique range of highly effective methods to deliver content and build confidence. Smaller group sizes proved to be advantageous, helping to break down some of the barriers that exist in allowing everyone to participate.

"In my opinion, the drop-down week has been helpful and beneficial for me to practice in topics which I have struggled in. All teachers have helped every student that has had queries about their work. Personally, I think that this week has truly benefited me with understanding new topics and receiving help from my teachers." Eluney.B

"This has been beneficial due to having a better opportunity to revise much needed topics and receiving help when I am struggling." Bo-Starr.O

"It has helped me complete certain parts of my coursework that I was behind on, ensuring I will gain the extra marks I need in my exam." Akugbe.I













#### **Year 11 Prom Ticket Deadline**

The deadline for securing Prom tickets is Tuesday 30<sup>th</sup> April. Tickets are priced at £22 and further information can be found on your ParentPay accounts.

"I think that everyone should want to go to Prom as it's a once in a lifetime experience and it makes everyone get along. It is something that you will never forget, and the teachers make it really fun. You are able to make yourself feel and look good and make memories that will stay with you forever." Aimee.G – Year 12

"A mind-blowing blast of fun." Rokas.K – Year 12

"Amazing food and the teachers were lit." Nelly.E - Year 13



"Prom was exciting and fun, this made the whole experience feel like a party instead of a school planned event. The red carpet made me feel like a celeb entering an event." Cosmina.C – Year 13

#### Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 22<sup>nd</sup> April 2024.



Year 10 - Chloe-Louise.G (10AE)



**Year 11 - Melvin.T (R11Y2)** 



Sixth Form - Isaak.I (R1213)

#### Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link <a href="https://www.escb.co.uk">www.escb.co.uk</a> which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

#### **Spotlight on: A Level Politics**



Politics is about compromise; it's about power; it's about government. Politics develops your critical awareness, independent thinking and understanding of complex structures and political systems.

This course is designed to encourage you to obtain a balanced education in politics, to allow you to examine key themes in political analysis and to provide you with the opportunity to specialise in both UK and USA politics.

Full course information can be found by visiting the following link on our website: A Level Politics

#### **Free Online Counselling Service**

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).

#### **Home Learning**

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the <u>Contact Us</u> page via the Basildon Upper Academy website and select the option for General Enquiries.

### Aspire - Believe - Achieve

#### **SEND Department Coffee Mornings**

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss their child's progress. Coffee mornings are held at the Upper Academy from 11am – 12pm every Tuesday.

To book an appointment please visit the <u>Contact Us</u> page via the Basildon Upper Academy website and select the option for General Enquiries.



#### Free Fruit at Breaktime



Students can choose an item of fruit from the till area in the Dining Hall at breaktime each day.

#### **Prom Donations**

As we are approaching Prom 2024, we are looking to see if any of you have any suitable pre-loved suits that you wouldn't mind kindly donating to our in-house Prom Shop!

This is set up to support students who may not have access to a smart suit.

Any donations will be gratefully received into the reception office on either site.



## **Upper Academy Year 10 Intervention Programme**

	Lunch	3-4pm	
Monday	➤ Homework Club U3GC3		
Tuesday	➤ Homework Club U3GC3	➤ Maths Club Maths Corridor U/3/G	
Wednesday	➤ Homework Club U3GC3	French Club U/3/S C1	
		➤ Coding Club U/2/S C4	
		➤ SEN Revision Club SEN Room	
		➤ English Revision Club U/2/F C1	
Thursday	➤ Homework Club U3GC3	➤ Humanities U/1/G S3	
		➤ SEN Revision Club SEN Room	
Friday	➤ Homework Club U3GC3		

## #EveryMinuteCounts

## **Upper Academy Year 11 Intervention Programme**

	Lunch	3.30-4.30pm
Monday	➤ Homework Club U3GC3	
Tuesday	➤ Homework Club U3GC3	➤ Maths Club in the Maths corridor U/3/G
		➤ ICT Club U/3/S C4
		➤ Hair & Beauty - Salon
Wednesday	➤ Homework Club U3GC3	French Club U/3/S C2
		➤ Business Club U/3/S C4
		➤ Coding Club U/2/S C4
		SEN Revision Club SEN Room
Thursday	➤ Homework Club U3GC3	➤ English Club
		➤ Humanities U/1/G S3
		➤ SEN Revision Club SEN Room
		Art & Photography Club
Friday	➤ Homework Club U3GC3	

#### Parent Drop In - Thursday 2<sup>nd</sup> May

This week's Parent Drop In will be on Thursday  $2^{nd}$  May, between 2:30pm-3:30pm.

There will be no need to book an appointment, just sign in at reception and staff will be happy to show you to the venue. There is no set topic for the drop in sessions, if we are not able to answer any specific questions, we will follow up and then feedback to you.



#### **Absence Procedures**

To report a student absence please visit the Contact Us page via the Basildon Upper Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

www.basildonupperacademy.org.uk/attendance

Did you 90% of young people with 85% fail to get good grades.

MISSING 1 DAY A WEEK



LOSING ONE YEAR OF SCHOOL LIFE.

#### Good attendance means:

Being in school at least 97% of the time, that's at least 184 days a year.

Target

190

days are **NOT** spent in school each year.\*

\* Plenty of time for shopping, holidays & appointments.

184 Days of

education

Days of education

143 Days of education

> 75% 47 days absent

education

80% 38 days absent

162 Days of education

85% 28 days absent 90%

education

97% 6 days absent

100% O days absent

#### SERIOUSLY WORRIED

Very poor attendance has a serious impact & reduces life chances.

#### **VERY CONCERNED**

Poor attendance gives less chance of success.

#### **WELL DONE**

Good attendance gives the best chance of success.

## THE BASILDON ACADEMIES WORD OF THE DAY

29<sup>th</sup> April - 3<sup>rd</sup> May 2024

Maternal Mental Health Awareness Week

Maternal Mental Health Awareness Week		
Monday:	Disposition: a person's inherent qualities of mind and character. Disposició in Catalan	
Tuesday:	Mentality: mental capacity or endowment. मनोवृत्ति in Hindi	
Wednesday: (Maternal Mental Health Day)	Psychology: the science of the mind or of mental states and processes. Психология in Russian	
Thursday:	Mindset: a fixed attitude, disposition, or mood. Tankesett in Norweigan	
Friday:	Rationality: agreeableness to reason; reasonableness. ¿ â í ប் ப்சுசு சுல் à in Thai	





There are a wide range of clubs and opportunities for pupils to contribute to the school and local community, for instance as charity ambassadors. This develops pupils' self-confidence. Well-chosen visitors help pupils learn how to keep themselves safe and healthy.

Follow The Basildon Upper Academy on our social media channels





