

The Basildon Upper Academy Newsletter

12th June 2023

Dates for the Diary

Pride Month June 2023

Year 10 & Year 12 AP2 Assessments Monday 26th - Friday 30th June 2023

Year 11 Prom Friday 30th June 2023: 5:30pm -10:30pm

Year 9 Transition to Upper Academy Monday 10th July 2023

Last Day of Summer Term Thursday 20th July 2023

Young Carers Programme

The Basildon Upper Academy is committed to supporting our Young Carers and ensuring that they feel seen and supported in school.

We recognise that young people often do not associate their responsibilities at home as being a Young Carer and we support students by making them aware of the support available to them in school. Students often worry about the person they care for when they are at school or away from them, and we work with our Young Carers to manage these feelings.

The roles and responsibilities of a Young Carer can vary but the students may support in the following tasks:

- Practical tasks cooking, cleaning or shopping, looking after siblings
- Physical care helping someone out of bed
- Personal care helping someone dress
- Emotional support talking to someone who is distressed or upset
- Medical support giving medication, attending medical appointments
- Communication appointments or telephone calls



Mondays

Year 10, 12 & 13: 3pm-5pm Year 11: 3:30pm-5pm Venue: The Wellbeing Centre

Various activities each week including board games, cooking, photography, arts & crafts.

Refreshments provided. Talk to others, relax & have fun.

Student Value of the Term



House Points - Week Ending 9th June



Young Carers Programme

Basildon Upper

Academy



Young Carers After School Club

One of our support strategies is offering an After-School Club; a weekly opportunity for our registered Young Carers to access a club where they can make new friends with other students in a caring role, have some fun, and have a break from their caring responsibilities.

There are a range of activities for students to take part in during Young Carers club including:

- Arts and Crafts
- Games
- Cooking
- Movie Club

The club runs every Monday: Year 10, 12, & 13: 3pm – 5pm Year 11: 3:30pm – 5pm

If you are a student at the academies or you believe your child may be a Young Carer please complete the attached form found by clicking the link: Young Carers Registration Form

Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 5th June 2023.

Year 10 - Alfie.S (R10U2)
Year 11 - Ben.E (R11Y1)
Sixth Form - Sabreen.H (R1213)

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link <u>www.escb.co.uk</u> which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

Free Online Counselling Service

<u>www.kooth.com</u> is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).

Year 11 & Sixth Form Exam Timetables

The timetables for Year 11 and Sixth Form examinations can be found on our website: www.basildonupperacademy.org.uk/exam-information

The Year 11 Intervention programme, including our Saturday School timetable, can also be located on our website: www.basildonupperacademy.org.uk/out-of-hours-learning

Spotlight on: BTEC Level 3 Hospitality



The hospitality industry contributes billions of pounds each year to the UK economy and is one of its fastest growing sectors. The industry employs more than 3 million people and is the fourth largest sector in the UK in terms of employment. It offers various career paths in a range of areas, including management, operations and selfemployment. The hospitality sector is made up of a variety of different sub-sectors such as hotels, restaurants, event management. BTEC Level 3 qualifications in hospitality give learners the opportunity to make progress in the sector, whether their chosen route is employment, an apprenticeship or university.

Full course information can be found by visiting the following link on our website: <u>BTEC Level Hospitality</u>

Year 11 students wishing to join our Sixth Form can apply via the following link: <u>Apply to join</u>



Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the <u>Contact Us</u> page via the Basildon Upper Academy website and select the option for General Enquiries.



Strong, supportive, and mutually respectful relationships were evident throughout the visit and young people said that the increased emphasis on rights, respect and dignity has added to this, "If you respect people's rights, you respect them as a person."

Unicef RRSA Accreditation Report Gold: Rights Aware - July 2022



National Online Safety

The online world is posing an ever-increasing risk to children, and it is important that schools, parents and carers work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.

We are therefore delighted to announce that we have shown our commitment to protecting students online by working with National Online Safety- providing resources for all parents and carers. The resources include Parents & Carers courses, online video resources and weekly guides covering a huge range of topics, including:

- Online Relationships
- Fake Profiles & Social Bots
- Online Bullying
- Online Grooming
- Child Sexual Exploitation
- Sexual Harassment & Violence
- Sexting
- Live Streaming
- Online Identity
- Screen Addiction
- Online Challenges
- Overspending
- Social Media Platforms

- Online Gambling
- Radicalisation, Terrorism & Extremism
- Age Inappropriate Content
- Copyright & Ownership
- Hacking
- Fake News
- Online Fraud
- Online Reputation
- Personal Data
- Pornography
- Targeted Adverts & Pop-Ups
- The Dark Web
- Games & Trends

Notional Online Online Safety Safety Parents & Carers



To create your account, please follow <u>https://nationalonlinesafety.com/enrol/basildon-academies</u> and complete your details. When you're set up, you'll be able to set 'Parent/Carer' as your user type.

You can access National Online Safety online via any device- including via the brand-new smartphone app. To download the app, please go to:

https://apps.apple.com/gb/app/national-online-safety/id1530342372 https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos