

Dates for the Diary

First Day of Spring Term

Monday 8th January 2024

Parent Drop In

Thursday 11th January 2024: 12pm - 1pm

Year 10 AP1 Assessments

Monday 15th - Friday 26th January 2024

World Religion Day

Sunday 21st January 2024

Year 12 AP 1 Assessments

Monday 29th January - Friday 2nd February 2024

Student Value of the Term

**KINDNESS IS
EVERYTHING**

House Points - Week Ending 22nd December



9,851
ALI



8,686
AUSTEN



8,391
SEACOLE



7,329
HAWKING

Leadership Message - Parent Drop In

Firstly I would like to take the opportunity to wish you all a very Happy New Year.

We are excited to announce the introduction of a weekly parent drop in session at The Upper Academy. Each week, academy leaders will be available to discuss matters related to the Upper Academy and listen to any ideas that you have. The days and times of the sessions will vary each week, which we hope will enable many of you to attend. There will be no need to book an appointment, just sign in at reception and staff will be happy to show you to the venue. There is no set topic for the drop in sessions, if we are not able to answer any specific questions, we will follow up and then feedback to you.

The date and time of the first session is Thursday 11th January between 12pm and 1pm, followed by;

- Tuesday 16th January: 11am - 12pm
- Friday 26th January: 2.30pm - 3.30pm
- Thursday 1st February: 2pm - 3pm
- Monday 5th February: 1pm - 2pm
- Thursday 15th February: 8.30am - 9.30am

S.Szuskiewicz - Deputy Headteacher

SEND Department Coffee Mornings Every Tuesday 11am - 12pm

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss their child's progress. Coffee mornings are held at the Upper Academy from 11am - 12pm every Tuesday.

To book an appointment please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

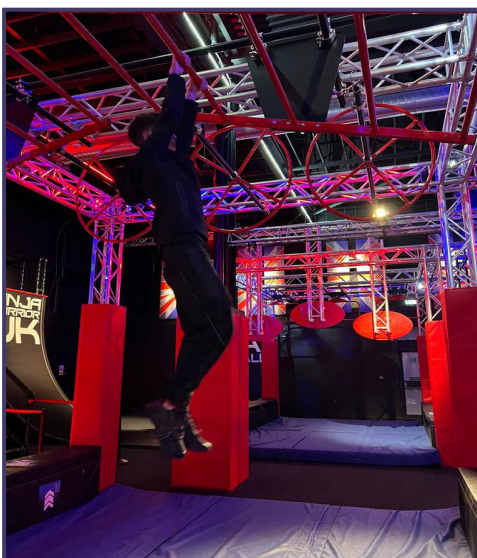
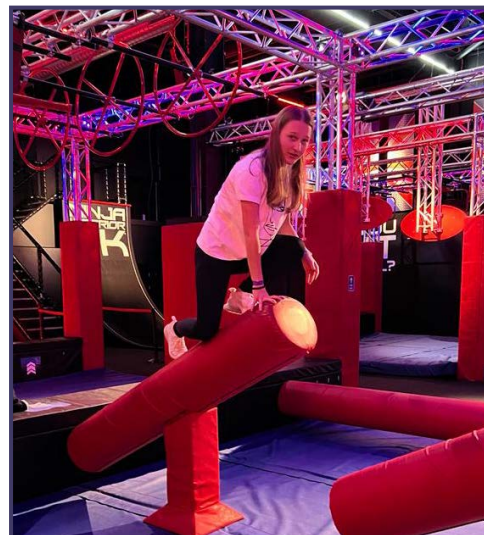
Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am - 3:30pm Monday - Friday and is accessible via the school office.

Ninja Warrior UK Reward Trips

In recognition of significant improvements made throughout last term, Year 10 and 11 students recently enjoyed reward trips to Ninja Warrior UK.

The Upper Academy rewards programme not only celebrates academic success but also recognises those students who have made significant improvements during the term whether it be through improved attendance or through the positive choices that they now make. The rewards programme is designed not only to celebrate achievements but also to foster a positive and supportive learning environment.

By acknowledging and rewarding hard work and improvements shown by students, we aim to create a culture where students feel motivated to set and achieve their goals, contributing to a school community that values and supports one another.



Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

Free Online Counselling Service

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

Spotlight on: VTCT NVQ Diploma Hairdressing



This qualification is based on the hairdressing National Occupational Standards (NOS) and is recognised by the UK's leading professional body (The Hairdressing Council) as being fit for purpose for preparing students for a career as a junior hairdresser/stylist.

The aim of the course is to develop hairdressing skills and knowledge and it will also enable you to perform your own services and to assist others in the salon. Students will gather evidence for assessment through the study of mandatory and optional units, in a real working environment without the need for fee-paying clients.

Full course information can be found by visiting the following link on our website: [VTCT NVQ Diploma Hairdressing](#)

Applications for September 2024 admissions to our Sixth Form are now open. The online application form can be completed by visiting the following link: [Sixth Form Apply to Join](#)

Year 10 AP1 Assessments Week - Monday 15th - Friday 26th January 2024

	AM (8:30am start)		PM (1:00pm start)	
Monday 15 th January	Biology	1 hr 15	English Language P1	1 hr 45
Tuesday 16 th January	ICT	1 hr 20	Maths P1	1 hr 30
Wednesday 17 th January	Chemistry	1 hr 15	Geography P1	1 hr 30
			History	2 hrs
Thursday 18 th January	English Literature	2 hr 15	Maths P2	1 hr 30
Friday 19 th January	Geography P2	1 hr 30	French Listening French Reading	35 mins 45 mins
Monday 22 nd January	Physics	1 hr 15	Statistics	1 hr 45
Tuesday 23 rd January	French Writing	1 hr	English Language P2	1 hr 45
Wednesday 24 th January	Hair & Beauty	1 hr 40	Maths P3	1 hr 30
Friday 26 th January	Performing Arts	All day	Performing Arts	All day

Aspire - Believe - Achieve

Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)



For further information and guidance regarding attendance and absence please visit our website:

www.basildonupperacademy.org.uk/attendance

 Essex County Council
Education

GOOD TIMEKEEPING



What to do the night before:

Get everything you need for school ready



Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school



Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!



Five minutes late per day soon adds up to three days of lost school time

THE BASILDON ACADEMIES WORD OF THE DAY

8th January - 12th January 2024

EAL VERSION

Monday:	Insightful: Seeing into inner character or underlying truth.	Глибокий = Ukrainian
Tuesday:	Rational: Exercising reason, sound judgement or good sense.	razionale = Italian
Wednesday:	Analytical: Skilled in or habitually using analysis.	analitic = Romanian
Thursday: (National Human Trafficking Awareness Day)	Convincing: Persuading or assuring by argument or evidence.	مقتنع (magana) = Arabic
Friday:	Logical: Reasonable or to be expected.	mantıklı = Turkish



VEGANUARY MONTH

Throughout January the Dining Hall will
be serving a Vegan Dish of the Day

Follow The Basildon Upper Academy on our social media channels



What to do

Advice on childhood illnesses



Go to school; if needed, get treatment as required



Some restrictions for school attendance



Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms		Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters		Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat		Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)		Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene*
German measles/ Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards		GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before		GP	*
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)		GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)		Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness		GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash		GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty		Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm		GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash		GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus		Pharmacy	Ensure good hand hygiene
Tonsilitis/ Strep throat	Intense sore throat for more than 1 day		Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'		GP	Exclusion period during first five days of antibiotics
Covid				Visit www.nhs.uk for latest guidance

*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Working in partnership with

Should my child go to school/nursery today?
Hertfordshire and West Essex Healthier Together for further information
<https://www.hwehealthiertogether.nhs.uk/parentscarers>

