

Dates for the Diary

National Vegetarian Week

Monday 15th - Sunday 21st May 2023

Half Term

Monday 29th May - Friday 2nd June 2023

Pride Month

June 2023

Year 10 & Year 12 AP2 Assessments

Monday 26th - Friday 30th June 2023

Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 8th May 2023.

- ★ Year 10 - Chyanne.L (R10T2)
- ★ Year 11 - Roisin.S (R11U2)
- ★ Sixth Form - Amber.H (R1213)

Wellbeing Centre

The Upper Academy Wellbeing Centre offers support for our students in times of need. Dealing with your own issues such as anxiety, mental health, wellbeing, self-regulation, or bereavement can be a barrier to success. Our Wellbeing Centre aims to ensure you are not alone.

The Upper Academy Wellbeing Centre is a safety net for students who are not currently able to engage with lessons fully, and offers short and long-term interventions that are flexible for all.



If you have any concerns regarding your child's mental health please submit your information via the [Contact Us](#) page on the Basildon Upper Academy website, making sure to select the 'Wellbeing Centre' option.

For further information visit: www.basildonupperacademy.org.uk/wellbeing-centre

Rio completes Swimming Assistant Teaching Course



Congratulations to Sixth Form student Rio, who has completed his SEQ Level 1 Swimming Assistant Teaching Course. The qualification has been part funded by the school due to Rio's commitment to the Level 3 BTEC Sport Extended Diploma.

Aspire - Believe - Achieve

The schools support for mental health and wellbeing is well led and the school have invested significantly in training and additional staff within their wellbeing centres and wider pastoral teams over recent years to build capacity and expand what they can offer.



Wellbeing Award
for Schools

2022-2025

CLIMATE CHANGE IS REAL



40,645
HAWKING



39,444
AUSTEN



39,280
SEACOLE



39,277
ALI

Spotlight on: A Level Media Studies



Are you a Netflix binge watcher, vlogger, gamer, social networker, or simply a casual media consumer? Whatever your relationship with the media is, you will benefit from the insight, knowledge and skills that a Media Studies course can provide.

This is a challenging subject in which you will examine online media, magazines, institutions, audiences, drama, advertising, and marketing critically and analytically. It would suit those with an academic background, and would complement any subject combination, including Psychology, Sociology, and Politics.

Full course information can be found by visiting the following link on our website: [A Level Media Studies](#)

Year 11 students wishing to join our Sixth Form can apply via the following link: [Apply to join](#)

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

Free Online Counselling Service

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).

Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

www.basildonupperacademy.org.uk/attendance



Young Carers Club

Mondays



Year 10, 12 & 13: 3pm-5pm

Year 11: 3:30pm-5pm

Venue: The Wellbeing Centre

Various activities each week including board games, cooking, photography, arts & crafts.

Refreshments provided. Talk to others, relax & have fun.



National DOUGHNUT WEEK

Monday 22nd - Friday 26th May

To celebrate National Doughnut Week the Dining Hall will be serving a selection of Jam and Ring Doughnuts.

All Doughnuts are 50p each and will be available throughout the week at break & lunchtime.

50p Each



SEND Department Coffee Mornings

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss your child's progress. Coffee mornings are held at the Upper Academy from 8.45am - 9.45am every Wednesday.

To book an appointment please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of blazers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am - 3:30pm Monday - Friday and is accessible via the school office.

Volunteers for Educational Visit Chaperones

In order to support our ambition to get every learner onto an offsite visit this academic year, we are looking to create a team of parent and carer volunteers to be chaperones for our trips.

Each volunteer would be subject to Disclosure and Barring Service checks (DBS) completed through the school and, would undergo onsite safeguarding training with a view to being called upon when we need additional support with ratios of parents to students for school trips.

If you would be interested in registering for this support service and have availability during school time, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

Aspire - Believe - Achieve



National Vegetarian Week

15 -21 May 2023

To celebrate Vegetarian Week, all vegetarian main meals will be £1



Follow The Basildon Upper Academy on our social media channels

