

Dates for the Diary

Macmillan Coffee Morning

Friday 29th September 2023

Settling Event

Monday 2nd October 2023: 4pm - 5pm

Upper Academy Sixth Form Open Evening

Thursday 5th October 2023: 5pm - 7pm

Progress Information Event

Thursday 16th October 2023: 4pm - 5pm

Half Term

Monday 23rd - Friday 27th October 2023

Student Value of the Term

BLACK LIVES MATTER

Aspire - Believe - Achieve

Message from the Headteacher

It has been a pleasure to welcome the school community back to start the new academic year. I have met with each year group in dedicated assemblies. The assemblies have focused on not only sharing a little of my background though also the high expectations that I have for all and a philosophy of kindness that I do hope the school community is already experiencing.

The start of an academic year is a time of fresh starts, new beginnings, and exciting opportunities that I have already seen be embraced with energy and optimism. I want to thank all members of the Basildon Upper Academy for the wonderful welcome they have given me, making me feel like I belong from day one. It is our school, and together we will inspire each other to do our best.



Ms R. Rees

Settling Event

Monday 2nd October 2023: 4pm - 5pm

Parents and carers can make an appointment to see a member of our Academy staff to discuss how their child is settling in and to raise any queries or concerns you may have as we start this Academic Year. Tours of our facilities are also available.

To make an appointment please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

If you would particularly like to meet with a member of our SEND, Safeguarding or Attendance Teams, please make that clear in your request.

Progress Information Event

Monday 16th October 2023: 4pm - 5pm

Year 10, 11, 12 & 13 parents & carers are invited to the Upper Academy to meet with our Senior Leadership Team, as they provide information on GCSE, BTEC and A Level Assessments. This will include how to support students at home with revision timetables, what to expect regarding examinations, both at mock stage and final summer assessments, collect resources to support revision for the first assessment point, and as tips for how students can support their wellbeing during this time.

Both schools have a range of suitable rooms available for meetings with parents on a 1:1 or group basis, for coffee mornings and training events and make use of well-presented communal areas for community events and information sessions for large groups of parents.



Leading Parent
Partnership Award

2023-2026

Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 4th September 2023.

- ★ Year 10 - Kenzie H
- ★ Year 11 - Kyra D
- ★ Sixth Form - Vince I

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

Spotlight on: A Level Accounting



Accountancy can often be referred to as the 'language of business' because it is the accountants who translate how a business is performing for people like investors, managers

This A Level Accountancy course encourages students to develop a knowledge and understanding of the purpose of accounting and its essential role in driving a business. Students will build knowledge and understanding of key concepts, principles and techniques that they can apply to real-life scenarios, developing the ability to solve problems logically, analyse data methodically, make reasoned choices and communicate effectively.

Full course information can be found by visiting the following link on our website: [A Level Accounting](#)

Year 11 students wishing to join our Sixth Form can apply via the following link: [Apply to join](#)

Student Nurse Drop In



If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Monday Breaktime, Location: The Upper Academy Wellbeing Centre

There has been a heavy emphasis on the training and development of staff to support them in supporting students. Examples of this include extensive whole staff training in Trauma Perceptive Practice (TPP) and ensuring all key pastoral staff are mental health first aid trained to enable them to triage student need effectively.



Wellbeing Award
for Schools

2022-2025

Follow The Basildon Upper Academy on our social media channels



Congratulations to all of our students who received their exams results during the summer holidays.



Absence Procedures


To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.


- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website: www.basildonupperacademy.org.uk/attendance



Lunch & Break Menus

 LUNCH MENU WEEK 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Meat Free Monday Baked Tomato Mozzarella & Basil Risotto	Mexican Tuesday Mexican Chicken Bun	American Wednesday Mac 'n' Cheese	Spanish Thursday Creamy Sausage Tagliatelle	Fish Friday Fish Finger Sub with Lettuce & Mayo
Main Meal Option 2	Vegetable Pasta Bake	Amigo Meatballs	Sweet Chilli Dogs	Spanish Chicken Wrap	BBQ Chicken Wings
Vegetarian Meal Option 1	Veggie Wrap	Veggie Burger	3-Veg Mac 'n' Cheese	Spanish Vegetable Wrap	Cauliflower Cheese
Vegetarian Meal Option 2	Veggie Bolognese Yorkshire Pudding	Vegetarian Amigo Meatballs	Sweet Chilli Quorn Dog	Tricolore Pasta	Vegetable Finger Sub with Lettuce & Mayo
On the Side	Garlic Bread Roasted Vegetables Mash Peas	Mexican Potatoes Mexican Style Corn-Salad Pasta	Baby Potatoes Crispy Cajun Onion Rings	Seasoned Rice Herb Diced Potatoes	Skin-on Wedges Sweetcorn
Pasta King Pot	Pomodoro Zingy Peppers	Amigo Meatballs Arrabbiata	Sweet Chilli Chicken Italian Mushroom	Spicy Sausage Zingy Peppers	Texan BBQ Meatballs Tomato & Mascarpone
Oven Baked Jacket Potato	Toppings Pasta King Sauce Cheese Beans	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo
Dessert	Winter Berry Crumble & Custard	Chocolate Orange Brownie & Ice Cream	Raspberry Pancakes & Syrup	Apple Crumble Sundae	Warm Winter Citrus Cake & Custard

 LUNCH MENU WEEK 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Meat Free Monday Cheesy Vegetable Hotpot	Chinese Tuesday Sweet & Sour Chicken	Wednesday Family Favourite Chef's Roast	Mexican Thursday Chilli Con Carne	Chip Shop Friday Battered Sausage
Main Meal Option 2	French Bread Pizza	Chinese Chicken Curry	Homemade Lasagne	Loaded Chicken & Vegetable Quesadillas	Individual Meat Pie
Vegetarian Meal Option 1	Cheesy Baked Bean Quesadillas	Vegetable & Noodle Stir Fry	Veggie Roast Yorkshire Pudding	Quorn Mince Chilli Con Carne	Battered Quorn Sausage
Vegetarian Meal Option 2	Roasted Vegetable Panini	Vegetable Curry	Homemade Veggie-Packed Lasagne	Loaded Vegetable Quesadillas	Individual Vegetable Pie
On the Side	Roasted Vegetables Freshly Prepared Coleslaw	Super Veggie Spring Roll Chinese Fried Rice	Roasted Potatoes & Vegetables Rustic Garlic Bread Freshly prepared coleslaw	Rice Mexican Potatoes	Chips Beans Curry Sauce
Pasta King Pot	Italian Mushroom Zingy Peppers	Firecracker Chicken Basilico	Veggie Bolognese Spicy Sausage	Mediterranean Pizza Texan BBQ Meatballs	BBQ Sausage Tomato & Mascarpone
Oven Baked Jacket Potato	Toppings Pasta King Sauce Cheese Beans	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo
Dessert	Chocolate Cherry Sponge and Custard	Apple Puff & Ice Cream	Lemon Drizzle Cake	Belgian Waffle with Strawberries & Chocolate Sauce	Cherry Puff & Custard



LUNCH MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Meat Free Monday Creamy Pepper Pasta	Build a Burger Tuesday Crispy Chicken Burger	Italian Style Wednesday Spaghetti Bolognese	Pie Thursday Shepherd's Pie	Fake Away Friday Bubble Crumb Fish Bites
Main Meal Option 2	Cheese & Tomato Panini	Hot Dog & Onions	Meatball Sub Roll	Cornish Pasty	Mighty Meaty Pizza
Vegetarian Meal Option 1	Roasted Vegetable Panini	Crumbed Vegetable Burger	Veggie Bolognese	Veggie Shepherd's Pie with Sweet Potato Mash	Mac 'n' Cheese Bites
Vegetarian Meal Option 1	Cheese & Veggie Quesadillas	Quorn Dog & Onions	Veggie Meatball Sub Roll	Cheese & Onion Pasty	Margherita Pizza
On the Side	Rustic Garlic Bread Garlic New Potatoes	Classic Potato Salad Seasoned Onion Rings	Creamy Coleslaw Rustic Garlic Bread	Roasted Winter Vegetables Mash Gravy	Creamy Coleslaw Seasoned Wedges
Pasta King Pot	Mediterranean Pizza Zingy Peppers	Basilico Cheeseburger	Chilli Beef Arrabbiata	Spicy Sausage Pomodoro	Smokey Pepperoni Tomato & Mascarpone
Oven Baked Jacket Potato	Toppings Pasta King Sauce Cheese Beans	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo
Dessert	Rhubarb Crumble & Custard	Banoffee Pie	Raspberry and Lemon Cake	Dipping Doughnuts	Strawberry Roly-Poly & Custard



BREAK MENU



Monday	Tuesday	Wednesday	Thursday	Friday
PK Pockets	Chinese Chicken Wings	Sausage Roll Vegan Sausage Roll	PK Pockets	Egg & Bacon Muffin
Cheese Toasted Sandwich	Panini	Nacho's with Salsa & Melted Cheese	Pizza	Tomato & Mozzarella Toastie
Ultimate Healthy Flapjack	Cheese & Tomato Quesadilla or Cheese & Ham Quesadilla Veggie Quesadilla	Ultimate Healthy Flapjack	Breakfast Roll-Up	Ultimate Healthy Flapjack
Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot
Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots

Aspire - Believe - Achieve