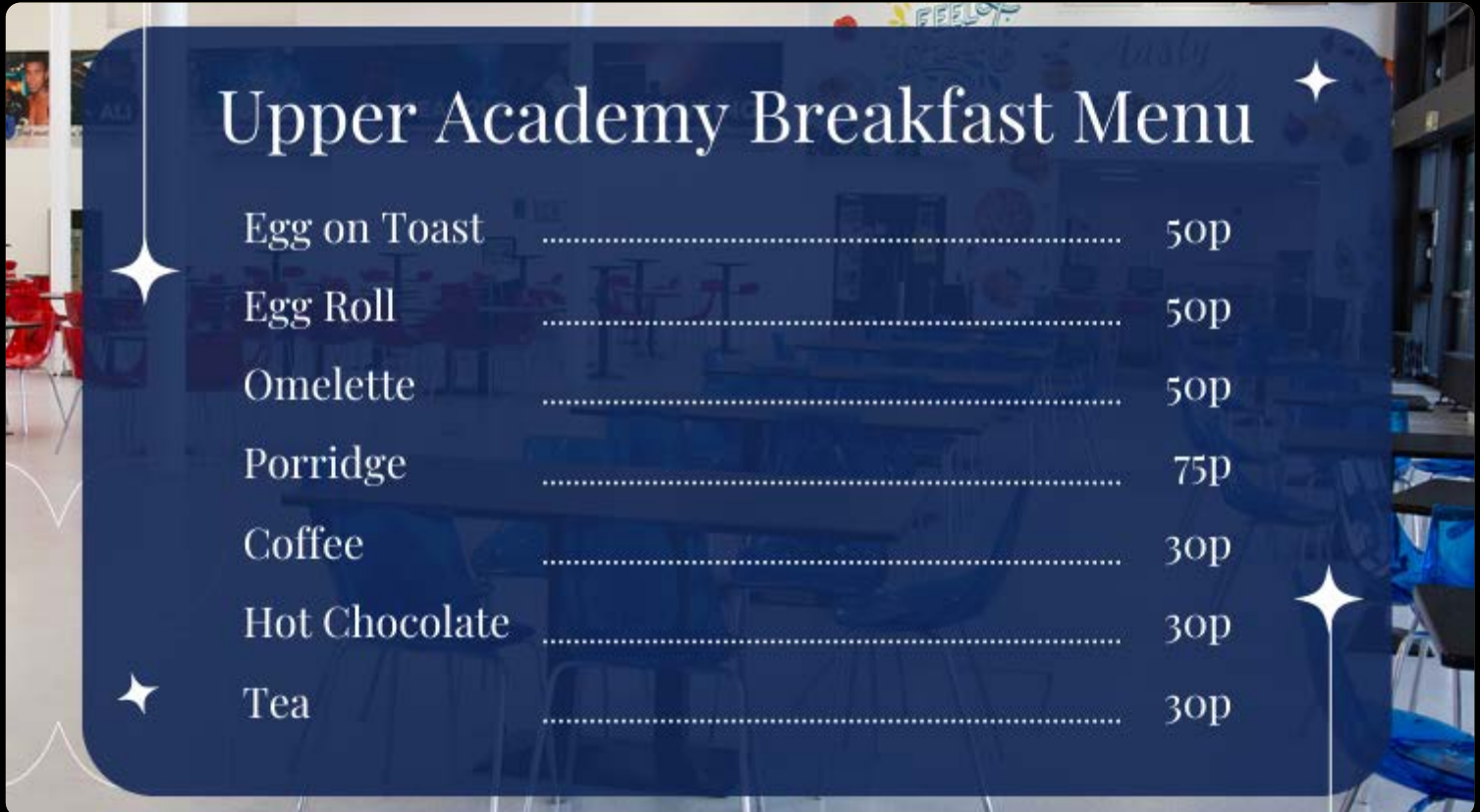


## New Breakfast Menu Launched

Monday 31<sup>st</sup> October sees the launch of our new breakfast menu. Upper Academy staff & students will be able to purchase porridge, an omelette and even egg on toast! Don't worry, free toast will still be available. Breakfast will be available Monday -Friday, 7.30am - 8.20am.



Egg on Toast	50p
Egg Roll	50p
Omelette	50p
Porridge	75p
Coffee	30p
Hot Chocolate	30p
Tea	30p

## Dates for the Diary

### Armistice Day

Friday 11<sup>th</sup> November 2022

### Anti-Bullying Week

Monday 14<sup>th</sup> - Friday 18<sup>th</sup> November 2022

### UK Parliament Week

Monday 14<sup>th</sup> - Sunday 20<sup>th</sup> November 2022

### UK Disability History Month

Wednesday 16<sup>th</sup> November - Friday 16<sup>th</sup> December 2022

### Children in Need

Friday 18<sup>th</sup> November 2022

### Year 11 & Year 13 Mock Exams (Written)

Monday 28<sup>th</sup> November - Friday 9<sup>th</sup> December 2022

### Year 11 & Year 13 Mock Exams (Practical)

Monday 12<sup>th</sup> - Friday 16<sup>th</sup> December 2022

## Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 17<sup>th</sup> October 2022.

- ★ Year 10 - Burak.S (R10Z2)
- ★ Year 11 - Zsofi.F (R11E1)
- ★ Sixth Form - Summer.B (R1213)

## Student Value of the Term

**NO HUMAN  
IS ILLEGAL**



In addition to strong internal advocacy, students take action locally and globally. Charities such as Children in Need, the Basildon Hospital NICU and the local hospice, are among the beneficiaries of the Academies' charitable fundraising.

Unicef RRSB Accreditation Report Gold: Rights Aware - July 2022

## School nurse drop-in



If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Wednesday Breaktime, Location: The Upper Academy Wellbeing Centre

## House Points - Week Ending 21<sup>st</sup> October



8,071

HAWKING



7,980

AUSTEN



7,305

SEACOLE



7,224

ALI

## Spotlight on: A Level Accounting



Accountancy can often be referred to as the 'language of business' because it is the accountants who translate how a business is performing for people like investors, managers and regulators.

Students will build knowledge and understanding of key concepts, principles and techniques that they can apply to real-life scenarios, developing the ability to solve problems logically, analyse data methodically, make reasoned choices and communicate effectively.

Full course information can be found by visiting the following link on our website: [A Level Accounting](#)

Year 11 students wishing to join our Sixth Form can apply via the following link: [Apply to join](#)

The schools support for mental health and wellbeing is well led and the school have invested significantly in training and additional staff within their wellbeing centres and wider pastoral teams over recent years to build capacity and expand what they can offer.



Wellbeing Award for Schools

2022-2025

## Make Happen - Parents/Carers Guide on Careers

### Distance learning as a disabled student

Studying at university with a disability or health condition can present unique challenges. Jen from Make Happen writes about how choosing distance learning helped her to achieve her goals.

These days, most people have heard of online and "blended" learning, and over the past year, university students across the country have been attending online lectures and tutorials, submitting coursework via email and even sitting exams online.

To read more visit: [www.makehappen.org/guide/distance-learning-as-a-disabled-student/](http://www.makehappen.org/guide/distance-learning-as-a-disabled-student/)

**"If you are interested in completing your degree online, good news! In recent years, more and more online and distance learning courses have become available."**

## Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link [www.escb.co.uk](http://www.escb.co.uk) which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

[www.basildonupperacademy.org.uk/safeguarding](http://www.basildonupperacademy.org.uk/safeguarding)

## Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please email:

[remotelearning@basildonacademies.org.uk](mailto:remotelearning@basildonacademies.org.uk)

## Follow us on social media



## Attendance Expectations

There is a clear link between academic success and attendance and as such our expectations for attendance are that:

- Parents have a legal duty to ensure their child attends regularly.
- Students should have 100% attendance each year.
- Students with attendance below 95% are of concern.

# ATTENDANCE

*Every Minute Counts!*

89% & below

Drastic effect on academic achievement

95-90%

Less chance of success. Harder to make progress

100-96%

Good chance of success and progress

### Absence from school

Children are required by law to attend school 190 days per year. The government states that every child's attendance should be above 95%.

### How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

## Absence Procedures

To report a student absence please email: [attendance@basildonacademies.org.uk](mailto:attendance@basildonacademies.org.uk)

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

[www.basildonupperacademy.org.uk/attendance](http://www.basildonupperacademy.org.uk/attendance)

# SPOOKTACULAR FOOD

To celebrate Halloween the Dining Hall will be selling 'fang-tastic' cakes & biscuits at break & lunchtime on Monday 31<sup>st</sup> October



All cakes & biscuits will be 50p each

To celebrate Guy Fawkes Night the Dining Hall will be serving fireworks themed food at break & lunchtime on Friday 4<sup>th</sup> November



Catherine Wheel Cookies 50p each



Firework Cookie Pops 50p each



Bonfire Cupcakes 50p each

*Aspire - Believe - Achieve*

## Sudents Welcome Local MP

On Friday 21<sup>st</sup> October, Stephen Metcalfe, the Conservative MP for South Basildon & East Thurrock, visited the Upper Academy. During his visit, Stephen presented the academy with a certificate to commemorate the Platinum Jubilee.



## Basketball Success

Congratulations to our Upper Academy boys basketball team, who beat James Hornsby School in their first competitive fixture of the season.



## Uniform Exchange Scheme

We have been overwhelmed with the volume of donations we have been receiving of pre-loved uniform and this has already made a huge difference to the families of many students so, thank you to each and every one of you who has contributed so far.

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of blazers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.

## Free Online Counselling Service

[www.kooth.com](http://www.kooth.com) is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).

The logo for Kooth, featuring the word "kooth" in a bold, lowercase, sans-serif font. The letter 'o' is replaced by a speech bubble icon, and the letter 'h' is replaced by a speech bubble icon with a small figure inside.