

## Dates for the Diary

**LGBT+ History Month**  
February 2023

**Children's Mental Health Week**  
Monday 6<sup>th</sup> - Sunday 12<sup>th</sup> February 2023

**Safer Internet Day**  
Tuesday 7<sup>th</sup> February 2023

**Year 11 & 13 Progress Review Event**  
Wednesday 8<sup>th</sup> February 2023 - 3:30-6:30pm

**Half Term**  
Monday 13<sup>th</sup> - Friday 17<sup>th</sup> February 2023

**Fairtrade Fortnight**  
Monday 27<sup>th</sup> February - Sunday 12<sup>th</sup> March 2023

**World Book Day**  
Thursday 2<sup>nd</sup> March 2023

## Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 30<sup>th</sup> January 2023.

- ★ Year 10 - Blake.F (R10Y2)
- ★ Year 11 - David.E (R11E1)
- ★ Sixth Form - Paige.W (R1213)

## Student Value of the Term

**KINDNESS IS  
EVERYTHING**

## Sports Leaders Excel at Training

Upper Academy students recently took another significant step towards achieving their Sport Leaders qualifications during a day of dedicated training.

During the visit to Basildon Sporting Village, students learned the rules and regulations of track and field events. The training was a mixture of practical and theory and, upon successful completion, students will qualify as Assistant Athletics Officials, enabling them to referee at events such as district school athletics.

For the second session of the day, students welcomed Lyndsey Barrett, from 'Sport for Confidence'. During the workshop, Lyndsey demonstrated how sport and physical activity can be fully inclusive and available to people of all abilities, enhancing health and well-being.

"I feel like I learned a lot about inclusivity in sport. Lyndsey's story was very inspiring and I will not forget this any time soon."  
Shaunak.G - Year 11

"Today's sessions were really interesting. I enjoyed learning about how sport can help people who struggle with physical and mental health."  
Ayla - Year 10

"This experience allowed me to learn about how people with different abilities can be included in sport."  
Hemanti.S - Year 10

Well done to all Sports Leaders for their continued dedication and hard work they have put into this qualification.





All students and adults spoken with demonstrated a good understanding of children's rights and are clear about the key characteristics underpinning rights such as universality and indivisibility.

Unicef RRSA Accreditation Report Gold: Rights Aware - July 2022

Stakeholders recognise they have a clear voice, and they are listened to. There are strong processes in place through forums and surveys and these lead to practical change, examples of which students and staff were able to articulate.



## Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link [www.escb.co.uk](http://www.escb.co.uk) which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

[www.basildonupperacademy.org.uk/safeguarding](http://www.basildonupperacademy.org.uk/safeguarding)

## School nurse drop-in



If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Wednesday Breaktime, Location: The Upper Academy Wellbeing Centre

## Spotlight on: A Level Politics



Politics is about compromise; it's about power; it's about government. Politics develops your critical awareness, independent thinking and understanding of complex structures and political systems.

This course is designed to encourage you to obtain a balanced education in politics, to allow you to examine key themes in political analysis and to provide you with the opportunity to specialise in both UK and USA politics.

Full course information can be found by visiting the following link on our website: [Politics](#)

Year 11 students wishing to join our Sixth Form can apply via the following link: [Apply to join](#)

## House Points - Week Ending 3<sup>rd</sup> February



22,475  
HAWKING



22,335  
AUSTEN



22,034  
ALI



21,809  
SEACOLE

# Aspire - Believe - Achieve

## Year 10 Work Experience

After 3 years of disruption due to the pandemic, we are excited to have Year 10 work experience planning well underway. Year 10 students will be off site from Monday 24<sup>th</sup> April – Friday 5<sup>th</sup> May 2023 on work experience placements. Please encourage conversations at home about where students would like to do their work placements. If you need advice on how and where to source appropriate placements, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.



## SEND Department Coffee Mornings

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss your child's progress. Coffee mornings are held at the Upper Academy from 8.45am - 9.45am every Wednesday.

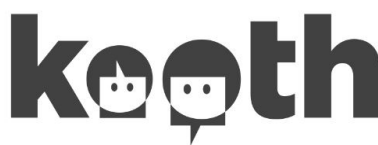


To book an appointment please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

## Free Online Counselling Service

[www.kooth.com](http://www.kooth.com) is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



## Cost of Living Information

The Cost of Living Parent Factsheet recently sent to our parents & carers is available to download on our website:

[www.basildonupperacademy.org.uk/cost-of-living-information](http://www.basildonupperacademy.org.uk/cost-of-living-information)

The factsheet details information of what support is available to help parents/carers & their families get through the cost-of-living crisis.

## Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for General Enquiries.

## Multiply in Essex

As you may be aware, this month a new campaign has been launched to promote [Multiply in Essex](#). This is a programme managed by the DfE to increase adult numeracy skills, providing learning opportunities for adults aged 19+ who do not already have a GCSE at grade C (or equivalent) in maths. The programme will offer free and flexible courses, which can be used in everyday life, such as managing finances, helping children with their schoolwork, accessing employment and progressing at work.

If you are a Parent or carer and wish to find out more and sign up to a course, please visit [www.essexopportunities.co.uk/multiply/](http://www.essexopportunities.co.uk/multiply/)



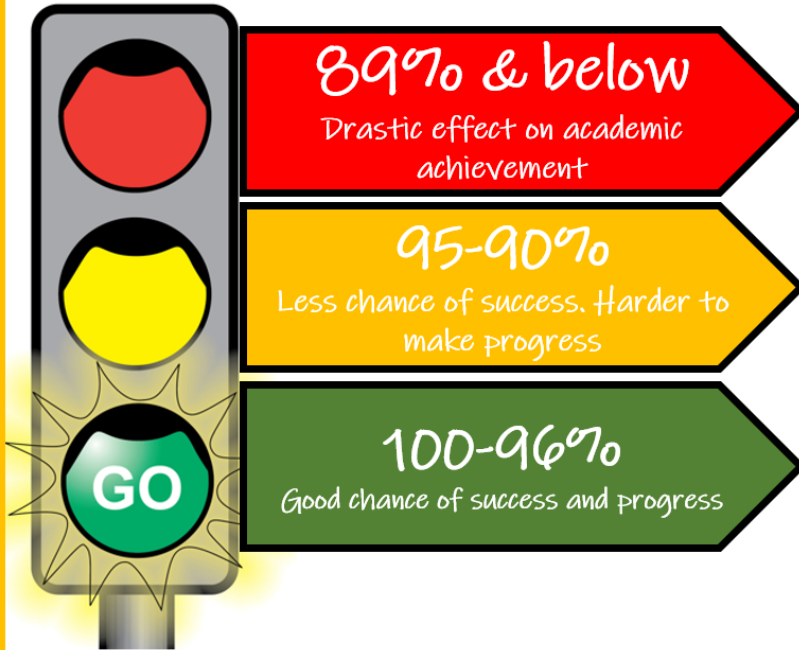
## Attendance Expectations

There is a clear link between academic success and attendance and as such our expectations for attendance are that:

- Parents have a legal duty to ensure their child attends regularly.
  - Students should have 100% attendance each year.
- Students with attendance below 95% are of concern.

# ATTENDANCE

*Every Minute Counts!*



### Absence from school

Children are required by law to attend school 190 days per year. The government states that every child's attendance should be above 95%.

### How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

## Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Upper Academy website and select the option for Attendance.

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

[www.basildonupperacademy.org.uk/attendance](http://www.basildonupperacademy.org.uk/attendance)



# Aspire - Believe - Achieve

# National Online Safety

The online world is posing an ever-increasing risk to children, and it is important that schools, parents and carers work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.

We are therefore delighted to announce that we have shown our commitment to protecting students online by working with National Online Safety- providing resources for all parents and carers. The resources include Parents & Carers courses, online video resources and weekly guides covering a huge range of topics, including:

- Online Relationships
- Fake Profiles & Social Bots
- Online Bullying
- Online Grooming
- Child Sexual Exploitation
- Sexual Harassment & Violence
- Sexting
- Live Streaming
- Online Identity
- Screen Addiction
- Online Challenges
- Overspending
- Social Media Platforms
- Online Gambling
- Radicalisation, Terrorism & Extremism
- Age Inappropriate Content
- Copyright & Ownership
- Hacking
- Fake News
- Online Fraud
- Online Reputation
- Personal Data
- Pornography
- Targeted Adverts & Pop-Ups
- The Dark Web
- Games & Trends



National  
Online  
Safety®

## Download your Free Online Safety App for Parents & Carers

**Be #OnlineSafetySavvy**  
Keep up with the latest apps  
games and tech your children  
are using, with the worlds  
most comprehensive online  
safety app for parents.

To create your account, please follow <https://nationalonlinesafety.com/enrol/basildon-academies> and complete your details. When you're set up, you'll be able to set 'Parent/Carer' as your user type.

You can access National Online Safety online via any device- including via the brand-new smartphone app.

To download the app, please go to:

<https://apps.apple.com/gb/app/national-online-safety/id1530342372>

<https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos>



# NATIONAL PIZZA DAY



FEBRUARY 9TH

To celebrate National Pizza Day on Thursday 9th February the Dining Hall will be serving pizza during morning breaktime for just 50p per slice

Pizza toppings available:  
Cheese & Tomato  
Vegetable  
Pepperoni



## Free school lunch for all students

We are delighted to announce that a free lunch will be available to all students every Monday & Friday between now & February Half Term 2023

A free school lunch is a hot meal or sandwich/bagette/roll and a dessert



Aspire - Believe - Achieve